# Youth Risk Behavior Survey: 2014 Administration

## **Waynesboro City Schools**

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# Youth Risk Behavior Survey Waynesboro City Schools

### Report of the 2014 Administration

### **Executive Summary and Key Findings**

This report presents the results of the 2014 administration of the Youth Risk Behavior Survey (YRBS) for Waynesboro City schools. In February 2014, the survey was given to those Waynesboro City students who did not opt out. A total of 457 surveys were completed: 189 7th graders from Kate Collins Middle School and 268 students from Waynesboro High School (161 9th graders and 107 11th graders).

The number of students who opted out of the survey was not available. As of February 10, 2014, Waynesboro High School had a total of 242 9th graders and 198 11th graders on that date; this results in response rates for our survey of 67% and 54%, respectively. These response rates are lower than in past years. A possible explanation for the decline may be a change in the way the high school administered the survey. Specifically, on the days the survey was administered, announcements were made periodically asking students with last names in a certain range (e.g. "Davis to Goodman") to report to one of the computer labs. It is possible that students 1) chose not to attend, 2) missed the announcements, or 3) were not permitted to leave due to testing or another commitment during that time.

As of February 10, 2014, there were 217  $7^{th}$  graders at Kate Collins Middle School; the response rate for this group is 87%.

This report shows the differences among students in grades  $7^{th}$ ,  $9^{th}$  and  $11^{th}$  for this year's administration; for select items, results by gender are displayed. In addition, data from the last two administrations (2012 and 2010) are presented for each survey item.

The reader is cautioned to interpret all data carefully; the quality of self-report data is compromised by differences in student effort, perseverance, reading ability, memory and compliance.

Some key findings from this survey include:

#### <u>Health</u>

- Over half (57%) of students report being physically active for at least 60 minutes, four or more days a week.
- Just over a quarter (27%) of respondents, drink at least one soda every day.
- Over half (51%) of respondents at less than one serving of vegetables per day.
- According to the U.S. Center for Disease Control, adolescents need 8.5-9.5 hours of sleep per night. Only 21% of respondents get the recommended amount of sleep.

#### **Sexual Attitudes and Behavior**

- Nearly three-fourths (73%) of respondents have never engaged in sexual activity.
- Over two-thirds (69%) of respondents have talked to their parent or adult family member about sex.
- Over a third (34%) of respondents who are sexually active never use birth control.
- Respondents are most confident that doctors and nurses (43%) will provide accurate information, followed by school-based programming (18%) and parent (16%).
- Females are more likely to feel more strongly that they should avoid pregnancy than males. More females (87%) than males (82%) endorse "very important."

#### **Substance Use**

- The most frequently used substance by respondents was alcohol (37%), followed by cigarettes (21%), marijuana (19%), and illegal drugs (17%).
- The average age that respondents first smoked a cigarette is 11.9 years old.
- The average age that respondents first drank alcohol is 12.5 years old.
- The average age that respondents first smoked marijuana is 13.0 years old.
- The chart below shows the percent of students who have abused these substances in the past 30 days.

Substance abused	Percent of respondents
Alcohol	19%
Marijuana	12%
Prescription Drugs	8%
Cigarettes	7%
Methamphetamines	6%
Cocaine	
Chewing tobacco	5%
Huffing	
Over-the-counter medicines	4%
Heroin	

- Marijuana is seen as having the least risk, when compared to cigarettes, alcohol, and
  prescription drugs. Twenty percent of students think there is no risk to smoking
  marijuana regularly followed by 6% of students who think there is no risk to drinking
  alcohol or smoking regularly, and 7% who think there is no risk to improperly taking
  prescription drugs.
- For all four substances, a relatively low percentage of respondents (fewer than 5%) indicated that their parents would regard their children's substance usage as "Not at all wrong." The percent associated with parental disapproval is lowest for marijuana use followed by alcohol use and cigarette smoking, and finally prescription drug abuse.
- Of the substances mentioned in the following set of items, students felt that it would be easiest to get cigarettes (56%) followed by alcohol (48%), marijuana (43%) and hardest

- to get street drugs (32%). As students get older, their responses indicate it becomes easier to obtain tobacco, alcohol and other drugs.
- Perceived disapproval use of an illegal drug by friends is as follows: prescription drugs (95%), alcohol (90%), cigarettes (90%), and marijuana (81%).

#### **Depression**

- Nearly a third (31%) of students have felt depressed in the past year.
- Fourteen percent of respondents have seriously considered attempting suicide in the past 12 months.
- During the past 12 months, over half (56%) of respondents who considered suicide made an actual attempt.

#### **Violence and Gang Activity**

- A majority (52%) of respondents believe that violence is acceptable at least some of the time.
- Slightly more students felt unsafe at school (7%) than felt unsafe on their way to or from school (4%).
- A small percentage (3%) of respondents report being a member of a gang in the past 12 months.
- Over a third (35%) of the sample knows at least one gang member.
- Thirty percent of respondents report there is at least one gang member in their school.

### Methodology

As with the last two administrations of the YRBS, a single form of the survey was employed at both the middle school and high school levels. The final version of the survey had 91 questions; however, as described in further detail below, some students did not have to answer every survey question.

In December 2013, letters regarding the Youth Risk Behavior Survey were sent home with Waynesboro City Schools'  $7^{th}$ ,  $9^{th}$  and  $11^{th}$  grade students. Parents who did not wish to have their children participate in the survey were requested to return opt-out forms before the winter break. Survey administration took place at both schools (Kate Collins Middle School and Waynesboro High School) on February  $10^{th}$  and  $11^{th}$ , 2014.

The Central Shenandoah Valley Office on Youth (OOY) coordinated administration of the survey in partnership with Valley Community Services Board. For the third time, surveys were administered on computers using Qualtrics (a). A benefit offered by utilizing an electronic survey is that questions can be eliminated from a respondent's survey based on his/her previous answers. For example, if a student answers that he/she had never smoked a cigarette, none of the questions pertaining to cigarette use (i.e. numbers of cigarettes smoked, age at first use, etc.) are administered.

Prior to creating tables and interpreting data, the dataset was cleaned in an effort to reduce error and to foster comparisons with greater validity. For the item asking about which grade the student was in, there were answer options for  $6^{th}$ ,  $7^{th}$ ,  $8^{th}$ ,  $9^{th}$ ,  $10^{th}$ ,  $11^{th}$ , and  $12^{th}$  grades. None of the students in the sample should have been in any grades except  $7^{th}$ ,  $9^{th}$  and  $11^{th}$ . Seven students answered that they were in a grade not being evaluated, so their responses were removed from the dataset.

Final sample sizes for the middle-school and high-school groups, respectively, were N=189 (Kate Collins MS) and N=268 (Waynesboro HS;  $161~9^{th}$  graders and  $107~11^{th}$  graders). None of the students at Genesis alternative school were Waynesboro residents. The number of  $11^{th}$  graders who completed the survey was fewer than the number who took the survey. Review of the data shows that there were two individuals who stopped answering at different points, perhaps due to not having enough time. Because they finished more than half of the survey, and nothing unusual can be detected in their responses, their data were retained in the dataset.

Student confidentiality and anonymity were maintained at all times throughout the administration of the YRBS. At no time were students asked their names in person or on the survey form.

### **Reading this report**

The results are presented in groupings of similar items. Each grouping is preceded by a descriptive title. The number to the left of the question is an indication of its order on the survey instrument.

Items marked with an asterisk (\*) to the left of the item number were branched from a previous question based on responses. For example, if a student indicated in item 20 that he/she had been in a physical fight in the past 12 months, then he/she would be presented with additional questions about the nature of the fight(s). The students who were not in fights would be skipped to other questions not pertaining to fights.

For survey items that were not presented to all students because of the branching design, the numbers of students endorsing each response is provided in the corresponding table. Depending on the nature of the question, the percentages in the column to the right of these frequencies may convey information in relation to the entire grade level, instead of the actual number of respondents. The tables are clearly marked with information about what the percentages reflect.

Due to rounding, column percentages may not equal 100%.

### Citing this report

Please use the following citation when referring to this report in presentations, proposals, or subsequent studies.

Thelk, A. D. (2014). Report of the 2014 Administration of the Youth Risk Behavior Survey: Waynesboro (VA) City Schools. Waynesboro, VA: Central Shenandoah Valley Office on Youth.

## **Demographic Items**

### 1. How old are you?

Answer	Response	%
12 years old or younger	77	17%
13 years old	109	24%
14 years old	78	17%
15 years old	79	17%
16 years old	62	14%
17 years old	49	11%
18 years old or older	3	1%
Total	457	100%

About a quarter of the entire sample is 13 years old. Reported ages logically correspond to reported grade levels.

### 2. What is your gender?

Answer	Response	%
Male	219	48%
Female	238	52%
Total	457	100%

### 3. In what grade are you?

Answer	Response	%
7th grade	189	41%
9th grade	161	35%
11th grade	107	23%
Total	457	100%

# 4. Who/what most influences your decisions and behavior?

Answer	Response	%
Family	205	45%
Friends and peers	115	25%
School teachers/ counselors/ nurses	3	1%
Religious leaders	7	2%
TV/ newspaper/ magazine	3	1%
Other	38	8%
Not sure	86	19%
Total	457	100%

Answer	7th grade	%	9th grade	%	11th grade	%
Family	104	55%	64	40%	37	35%
Friends and peers	34	18%	50	31%	31	29%
School teachers/ counselors/ nurses	2	1%	0	0%	1	1%
Religious leaders	4	2%	2	1%	1	1%
TV/ newspaper/ magazine	1	1%	2	1%	0	0%
Other	9	5%	12	7%	17	16%
Not sure	35	19%	31	19%	20	19%
Total	189	101%	161	99%	107	101%

The top two responses were "Family" and "Friends and peers." When viewed across grade levels, influence of friends increases from middle school to high school. Influence of family decreases from middle school to high school. Because the category "Other" is endorsed heavily by  $11^{\rm th}$  graders, perhaps allowing for text entry to indicate what "Other" is should be considered in future survey administrations.

	2014		2012		2010				
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9th	11th
Family	55%	40%	35%	43%	39%	39%	34%	37%	32%
Friends/ peers	18%	31%	29%	24%	22%	31%	23%	31%	32%
School teachers/ Counselors/ Nurses	1%	0%	1%	0%	0%	0%	2%	1%	0%
Religious leaders	2%	1%	1%	2%	3%	2%	3%	1%	2%
TV/ Newspapers/ Magazines	1%	1%	0%	1%	0%	4%	3%	2%	2%
Other	5%	7%	16%	4%	8%	6%	8%	4%	14%
Not sure	19%	19%	19%	25%	27%	18%	27%	24%	19%

<sup>&</sup>quot;Not sure" comprises a large proportion of responses across grades and previous survey administrations; uncertainty decreases as grade increases.

# 5. Please rate the following statements between 1 and 5, where 1 means it is NEVER TRUE and 5 means it is ALWAYS TRUE.

Question	1 - Never true	2	3	4	5 - Always true	Total Responses	Mean
At my school, teachers and students treat each other with respect.	21 (5%)	74 (16%)	185 (40%)	143 (31%)	34 (7%)	457	3.21
At my school, students treat each other with respect.	47 (10%)	155 (34%)	186 (41%)	53 (12%)	16 (4%)	457	2.64

Note: This question is new; it was not administered prior to 2014.

7th grade							
Question	1 - Never true	2	3	4	5 - Always true		
At my school, teachers and students treat each other with respect.	9 (5%)	24 (13%)	61 (32%)	69 (37%)	26 (14%)		
At my school, students treat each other with respect.	19 (10%)	67 (35%)	67 (35%)	25 (13%)	11 (6%)		
	9th gra	de					
Question	1 - Never true	2	3	4	5 - Always true		
At my school, teachers and students treat each other with respect.	8 (5%)	34 (21%)	68 (42%)	45 (28%)	6 (4%)		
At my school, students treat each other with respect.	18 (11%)	51 (32%)	71 (44%)	17 (11%)	4 (2%)		
	11th gr	ade					
Question	1 - Never true	2	3	4	5 - Always true		
At my school, teachers and students treat each other with respect.	4 (4%)	16 (15%)	56 (52%)	29 (27%)	2 (2%)		
At my school, students treat each other with respect.	10 (9%)	37 (35%)	48 (45%)	11 (10%)	1 (1%)		

### Safety

# 7. During the past 30 days, did you drive a vehicle when you had been drinking alcohol?

Answer	Response	%
Yes	14	3%
No	443	97%
Total	457	100%

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	4	2%	4	2%	6	6%
No	185	98%	157	98%	101	94%
Total	189	100%	161	100%	107	100%

It is difficult to interpret the "Yes" responses for the 7<sup>th</sup> and 9<sup>th</sup> grades, since they are not likely to be licensed drivers, and the minimum driving age in Virginia is 16 years 3 months (<a href="http://www.dmvnow.com/webdoc/citizen/drivers/applying.asp">http://www.dmvnow.com/webdoc/citizen/drivers/applying.asp</a>).

	2014				2012		2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9th	11th
YES	2%	2%	6%	3%	4%	11%	2%	8%	7%
NO	98%	98%	94%	97%	96%	88%	98%	92%	93%

The number of students across grade levels driving under the influence has decreased in since the last survey administration in 2012.

# 8. During the past 30 days, did you ride in a vehicle driven by someone who had been drinking alcohol?

Answer	Response	%
Yes	34	7%
No	390	85%
Not sure	33	7%
Total	457	100%

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	9	5%	15	9%	10	9%
No	163	86%	137	85%	90	84%
Not Sure	17	9%	9	6%	7	7%
Total	189	100%	161	100%	107	100%

Occurrence of riding with a drunk driver slightly increases from middle school to high school; this may be due to increased opportunity to drive, as students in high school and their friends are more likely to have driver's licenses as compared to middle-school students in the sample.

	2014				2012		2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9th	11th
YES	5%	9%	9%	8%	14%	20%	8%	18%	20%
NO	86%	85%	84%	86%	73%	71%	84%	77%	75%
NOT SURE	9%	6%	7%	6%	13%	10%	8%	5%	5%

The number of students across grade levels who rode in a vehicle driven by someone who had been drinking has decreased since 2010.

### **Violence-Related Behaviors**

## 6. Are you afraid of being harmed by someone in your home?

Answer	Response	%
Yes	31	7%
No	426	93%
Total	457	100%

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	19	10%	8	5%	4	4%
No	170	90%	153	95%	103	96%
Total	189	100%	161	100%	107	100%

The number of students who are afraid of being harmed by someone in their home decreases with grade level.

	2014				2012		2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9th	11th
YES	10%	5%	4%	7%	8%	8%	7%	9%	5%
NO	90%	95%	96%	93%	92%	92%	93%	91%	95%

Note: Prior to 2014, this survey item had five answer choices: 1) No; 2) Yes, by my mother; 3) Yes, by my father; 4) Yes, by both my mother and father; 5) Yes, by someone else in my home. For this table, all of the "Yes, by my ..." responses are reflected in the YES row.

# 9. When do you think that physical violence is an acceptable means for settling disputes?

Answer	Response	%
Never	218	48%
Sometimes	203	44%
Often	20	4%
Always	16	4%
Total	457	100%

Note: This question is new; it was not administered prior to 2014.

A majority (52%) of respondents believe that violence is acceptable at least some of the time.

Answer	7th grade	%	9th grade	%	11th grade	%
Never	97	51%	66	41%	55	51%
Sometimes	78	41%	78	48%	47	44%
Often	9	5%	9	6%	2	2%
Always	5	3%	8	5%	3	3%
Total	189	100%	161	100%	107	100%

# 10. During the past 30 days, on how many days did you carry a gun or knife for self-protection or to use as a weapon?

Answer	Response	%
0 days	393	86%
1 day	16	4%
2 or 3 days	15	3%
4 or 5 days	7	2%
6 or more days	26	6%
Total	457	100%

Answer	7th grade	%	9th grade	%	11th grade	%
0 days	162	86%	137	85%	94	88%
1 day	8	4%	6	4%	2	2%
2 or 3 days	4	2%	8	5%	3	3%
4 or 5 days	1	1%	6	4%	0	0%
6 or more days	14	7%	4	2%	8	7%
Total	189	100%	161	100%	107	100%

For future survey administrations, creating separate questions for "gun" and "knife" may provide more information.

	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9th	11th
0 days	86%	85%	88%	90%	80%	83%	88%	89%	87%
1 day	4%	4%	2%	3%	2%	3%	3%	3%	4%
2 or 3 days	2%	5%	3%	3%	4%	1%	2%	1%	2%
4 or 5 days	1%	4%	0%	1%	1%	1%	1%	0%	1%
6 or more days	7%	2%	7%	2%	12%	12%	5%	6%	6%

# \*11. During the past 30 days, on how many days did you carry a weapon such as a gun or knife on school property?

(This item was presented to 27 7th graders, 24 9th graders and 13 11th graders based on responses from question 10)

Answer		Response	%
0 days		48	75%
1 day		3	5%
2 or 3 days	l	1	2%
4 or 5 days		2	3%
6 or more days		10	16%
Total		64	100%

Three quarters (75%) of respondents who do carry a weapon do not have it with them on school property.

Answer	7 <sup>th</sup> grade	% of entire 7 <sup>th</sup> grade	9 <sup>th</sup> grade	% of entire 9 <sup>th</sup> grade	11 <sup>th</sup> grade	% of entire 11 <sup>th</sup> grade
0 days	22	12%	19	12%	7	7%
1 day	2	1%	1	1%	0	0%
2 or 3 days	1	1%	0	0%	0	0%
4 or 5 days	0	0%	1	1%	1	1%
6 or more days	2	1%	3	2%	5	5%
Total	27	14%	24	15%	13	12%

	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
1 day	1%	1%	0%	1%	2%	1%	1%	1%	2%
2 or 3 days	1%	0%	0%	0%	2%	1%	0%	1%	1%
4 or 5 days	0%	1%	1%	1%	0%	3%	0%	0%	1%
6 or more days	1%	2%	5%	0%	3%	6%	2%	4%	3%

# 12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school?

Answer	Response	%
0 days	427	93%
1 day	15	3%
2 or 3 days	6	1%
4 or 5 days	1	0%
6 or more days	8	2%
Total	457	100%

Slightly more students felt unsafe at school (7%) than felt unsafe on their way to or from school (4%).

Answer	7th grade	%	9th grade	%	11th grade	%
0 days	177	94%	150	93%	100	93%
1 day	7	4%	5	3%	3	3%
2 or 3 days	3	2%	2	1%	1	1%
4 or 5 days	1	1%	0	0%	0	0%
6 or more days	1	1%	4	2%	3	3%
Total	189	102%	161	100%	107	100%

Note: Prior to 2014, this question was subsumed in a single item, worded: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

# 13. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe on your way to or from school?

Answer	Response	%
0 days	439	96%
1 day	8	2%
2 or 3 days	4	1%
4 or 5 days	1	0%
6 or more days	5	1%
Total	457	100%

Slightly more students felt unsafe at school (7%) than felt unsafe on their way to or from school (4%).

Answer	7th grade	%	9th grade	%	11th grade	%
0 days	182	96%	155	96%	102	95%
1 day	3	2%	3	2%	2	2%
2 or 3 days	2	1%	1	1%	1	1%
4 or 5 days	1	1%	0	0%	0	0%
6 or more days	1	1%	2	1%	2	2%
Total	189	101%	161	100%	107	100%

Note: Prior to 2014, this question was subsumed in a single item, worded: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

# 14. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun or knife on school property?

Answer	Response	%
0 times	409	89%
1 time	25	5%
2 or 3 times	10	2%
4 or 5 times	3	1%
6 to 9 times	2	0%
10 or more times	8	2%
Total	457	99%

Eleven percent of students have experienced being threatened with a weapon while on school property.

Answer	7th grade	%	9th grade	%	11th grade	%
0 times	165	87%	143	89%	101	94%
1 time	13	7%	9	6%	3	3%
2 or 3 times	5	3%	4	2%	1	1%
4 or 5 times	2	1%	1	1%	0	0%
6 to 9 times	0	0%	2	1%	0	0%
10 or more times	4	2%	2	1%	2	2%
Total	189	100%	161	100%	107	100%

	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
1 time	7%	6%	3%	6%	4%	3%	2%	1%	2%
2 or 3 times	3%	2%	1%	2%	4%	2%	1%	1%	2%
4 or 5 times	1%	1%	0%	0%	0%	1%	1%	1%	0%
6 to 9 times	0%	1%	0%	0%	0%	0%	0%	0%	0%
10 or more times	2%	1%	2%	0%	1%	3%	1%	4%	2%
Total	13%	11%	6%	8%	9%	9%	5%	7%	6%

# 15. During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?

Answer	Response	%
0 times	349	76%
1 time	57	12%
2 or 3 times	38	8%
4 or 5 times	5	1%
6 to 9 times	2	0%
10 or more times	6	1%
Total	457	100%

Just under a quarter (24%) of students have experienced vandalism of their personal property on school grounds in the past year.

Answer	7th grade	%	9th grade	%	11th grade	%
0 times	141	75%	125	78%	83	78%
1 time	26	14%	18	11%	13	12%
2 or 3 times	16	8%	13	8%	9	8%
4 or 5 times	1	1%	4	2%	0	0%
6 to 9 times	2	1%	0	0%	0	0%
10 or more times	3	2%	1	1%	2	2%
Total	189	101%	161	100%	107	100%

Incidence of damage to personal property on school grounds is about the same across grade levels.

	2014				2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
1 time	14%	11%	12%	13%	12%	11%	12%	9%	10%	
2 or 3 times	8%	8%	8%	8%	9%	6%	4%	8%	4%	
4 or 5 times	1%	2%	0%	2%	1%	1%	4%	2%	4%	
6 to 9 times	1%	0%	0%	1%	1%	3%	0%	1%	1%	
10 or more times	2%	1%	2%	3%	2%	4%	4%	3%	1%	
Total	26%	22%	22%	27%	25%	25%	24%	23%	20%	

# 16. During the past 12 months, how many times were you in a physical fight?

Answer	Response	%
0 times	358	78%
1 time	44	10%
2 or 3 times	33	7%
4 or 5 times	13	3%
6 to 9 times	2	0%
10 or more times	7	2%
Total	457	100%

Answer	7th grade	%	9th grade	%	11th grade	%
0 times	143	76%	124	77%	91	85%
1 time	20	11%	16	10%	8	7%
2 or 3 times	17	9%	13	8%	3	3%
4 or 5 times	6	3%	4	2%	3	3%
6 to 9 times	2	1%	0	0%	0	0%
10 or more times	1	1%	4	2%	2	2%
Total	189	101%	161	99%	107	100%

	2014				2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
1 time	11%	10%	7%	16%	11%	12%	16%	17%	13%	
2 or 3 times	9%	8%	3%	8%	11%	10%	12%	8%	8%	
4 or 5 times	3%	2%	3%	5%	5%	1%	3%	4%	2%	
6 to 9 times	1%	0%	0%	3%	1%	2%	2%	2%	2%	
10 or more times	1%	2%	2%	2%	2%	5%	6%	5%	2%	
Total	25%	22%	15%	34%	30%	30%	39%	36%	27%	

Since 2010, fewer students in all grades report having been in a physical fight in the past 12 months.

# \*17. During the past 12 months, how many times were you in a physical fight in which you were injured and treated by a doctor or nurse?

(This item was presented to 46  $7^{th}$  graders, 37  $9^{th}$  graders and 16  $11^{th}$  graders based on responses from question 16.)

Answer	Response	%
0 times	84	85%
1 time	9	9%
2 or 3 times	2	2%
4 or 5 times	0	0%
6 to 9 times	0	0%
10 or more times	4	4%
Total	99	100%

Answer	7th grade	% of entire 7 <sup>th</sup> grade	9th grade	% of entire 9 <sup>th</sup> grade	11th grade	% of entire 11 <sup>th</sup> grade
0 times	40	21%	32	20%	12	11%
1 time	3	2%	4	2%	2	2%
2 or 3 times	2	1%	0	0%	0	0%
4 or 5 times	0	0%	0	0%	0	0%
6 to 9 times	0	0%	0	0%	0	0%
10 or more times	1	1%	1	1%	2	2%
Total	46	24%	37	23%	16	15%

	2014				2012			2010		
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11 <sup>th</sup>	
1 time	2%	2%	2%	6%	3%	1%	5%	4%	3%	
2 or 3 times	1%	0%	0%	0%	1%	1%	1%	0%	0%	
4 or 5 times	0%	0%	0%	0%	0%	0%	0%	0%	2%	
6 to 9 times	0%	0%	0%	0%	0%	0%	0%	0%	0%	
10 or more times	1%	1%	2%	0%	0%	2%	1%	3%	1%	
Total	4%	3%	4%	6%	4%	4%	7%	7%	6%	

## \*18. During the past 12 months, how many times were you in a physical fight on school property? (This item was presented to 46 7th graders, 37 9th graders and 16 11th graders based on

responses from question 16.)

Answer	Response	%
0 times	48	48%
1 time	29	29%
2 or 3 times	14	14%
4 or 5 times	4	4%
6 to 9 times	1	1%
10 or more times	3	3%
Total	99	100%

Answer	7th grade	% of entire 7 <sup>th</sup> grade	9th grade	% of entire 9 <sup>th</sup> grade	11th grade	% of entire 11 <sup>th</sup> grade
0 times	22	12%	18	11%	8	7%
1 time	14	7%	11	7%	4	4%
2 or 3 times	7	4%	5	3%	2	2%
4 or 5 times	2	1%	1	1%	1	1%
6 to 9 times	0	0%	1	1%	0	0%
10 or more times	1	1%	1	1%	1	1%
Total	46	24%	37	24%	16	15%

	2014				2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
1 time	7%	7%	4%	10%	7%	4%	15%	10%	7%	
2 or 3 times	4%	3%	2%	3%	4%	3%	2%	2%	2%	
4 or 5 times	1%	1%	1%	0%	1%	2%	2%	1%	1%	
6 to 9 times	0%	1%	0%	1%	0%	0%	0%	1%	1%	
10 or more times	1%	1%	1%	0%	0%	3%	1%	2%	1%	
Total	13%	13%	8%	14%	12%	12%	20%	16%	12%	

# \*19. The last time you were in a physical fight, with whom did you fight?

(This item was presented to  $46\,7^{th}$  graders,  $37\,9^{th}$  graders and  $16\,11^{th}$  graders based on responses from question 16.)

Answer	Response	%
A total stranger	12	12%
A friend of someone I know	40	40%
A boyfriend, girlfriend, or date	1	1%
A parent, brother, sister, or other family member	10	10%
Someone not listed above	27	27%
More than one of the persons listed above	9	9%
Total	99	100%

Answer	7th grade	% of branched sample of 7 <sup>th</sup> graders	9th grade	% of branched sample of 9 <sup>th</sup> graders	11th grade	% of branched sample of 11 <sup>th</sup> graders
A total stranger	3	7%	6	16%	3	19%
A friend or someone I know	19	41%	14	38%	7	44%
A boyfriend, girlfriend, or date	1	2%	0	0%	0	0%
A parent, brother, sister, or other family member	4	9%	5	14%	1	6%
Someone not listed above	16	35%	9	24%	2	13%
More than one of the persons listed above	3	7%	3	8%	3	19%
Total	46	101%	37	100%	16	101%

Fighting with a friend/acquaintance decreases as grade level increases.

	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
A total stranger	7%	16%	19%	6%	6%	15%	8%	5%	7%
A friend or someone I know	41%	38%	44%	54%	37%	33%	43%	33%	38%
A boyfriend, girlfriend, or date	2%	0%	0%	3%	3%	7%	1%	3%	0%
A parent, brother, sister, or other family member	9%	14%	6%	11%	10%	17%	17%	27%	11%
Someone not listed above	35%	24%	13%	17%	21%	17%	24%	20%	29%
More than one of the persons listed above	7%	8%	19%	10%	24%	11%	7%	12%	16%

## 20. In the past 12 months, has a dating partner ...

Question	Yes	No	Total Responses
threatened you with physical violence?	17 (4%)	440 (96%)	457
been physically violent (including punching, slapping, scratching, hitting, kicking, pushing, etc.) towards you?	20 (4%)	437 (96%)	457
threatened to harm himself or herself if you left the relationship?	34 (7%)	423 (93%)	457
been verbally abusive (name-calling, put-downs, telling you that you are worthless, etc.)?	42 (9%)	415 (91%)	457
attempted to limit the time you spend with friends or family?	37 (8%)	420 (92%)	457
called, texted, or used social media to monitor where you are and who you are with?	53 (12%)	404 (88%)	457
attempted to control the way you dressed, the activities you participated in, or how you spend your free time?	43 (9%)	414 (91%)	457

Note: This question is new; it was not administered prior to 2014.

7th grade		
Question	Yes	No
threatened you with physical violence?	8 (4%)	181(96%)
been physically violent (including punching, slapping, scratching, hitting, kicking, pushing, etc.) towards you?	8 (4%)	181 (96%)
threatened to harm himself or herself if you left the relationship?	9 (5%)	180 (95%)
been verbally abusive (name-calling, put-downs, telling you that you are worthless, etc.)?	15 (8%)	174 (92%)
attempted to limit the time you spend with friends or family?	17 (9%)	172 (91%)
called, texted, or used social media to monitor where you are and who you are with?	23 (12%)	166 (88%)
attempted to control the way you dressed, the activities you participated in, or how you spend your free time?	18 (10%)	171 (90%)
9th grade		
Question	Yes	No
threatened you with physical violence?	7 (4%)	154 (96%)
been physically violent (including punching, slapping, scratching, hitting, kicking, pushing, etc.) towards you?	9 (6%)	152 (94%)
threatened to harm himself or herself if you left the relationship?	17 (11%)	144 (89%)
been verbally abusive (name-calling, put-downs, telling you that you are worthless, etc.)?	15 (9%)	146 (91%)
attempted to limit the time you spend with friends or family?	13 (8%)	148 (92%)
called, texted, or used social media to monitor where you are and who you are with?	19 (12%)	142 (88%)
attempted to control the way you dressed, the activities you participated in, or how you spend your free time?	15 (9%)	146 (91%)
11th grade		
Question	Yes	No
threatened you with physical violence?	2 (2%)	105 (98%)
been physically violent (including punching, slapping, scratching, hitting, kicking, pushing, etc.) towards you?	3 (3%)	104 (97%)
threatened to harm himself or herself if you left the relationship?	8 (7%)	99 (93%)
been verbally abusive (name-calling, put-downs, telling you that you are worthless, etc.)?	12 (11%)	95 (89%)
attempted to limit the time you spend with friends or family?	7 (7%)	100 (93%)
called, texted, or used social media to monitor where you are and who you are with?	11 (10%)	96 (90%)
attempted to control the way you dressed, the activities you participated in, or how you spend your free time?	10 (9%)	97 (91%)

# 21. During the past 12 months, have you been a member of a gang?

Answer	Response	%
Yes	15	3%
No	442	97%
Total	457	100%

A small percentage (3%) of respondents report being a member of a gang in the past 12 months.

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	5	3%	7	4%	3	3%
No	184	97%	154	96%	104	97%
Total	189	100%	161	100%	107	100%

		2014			2012			2010	
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11th
YES	3%	4%	3%	6%	5%	8%	4%	4%	5%
NO	97%	96%	97%	94%	95%	92%	96%	96%	95%

### 22. Do you know any gang members?

Answer	Response	%
Yes	161	35%
No	296	65%
Total	457	100%

Over a third (35%) of the sample knows at least one gang member.

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	58	31%	70	43%	33	31%
No	131	69%	91	57%	74	69%
Total	189	100%	161	100%	107	100%

Note: Prior to the 2014 administration, this question survey item was worded "Do you personally know any gang members?"

		2014			2012			2010	
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11th
YES	31%	43%	31%	29%	53%	43%	37%	52%	53%
NO	69%	57%	69%	71%	47%	57%	63%	48%	47%

The percent of respondents who know a gang member has decreased in all grades since 2010.

### 23. How many students in your school belong to a gang?

Answer	Response	%
0	46	10%
1-5	41	9%
6-10	27	6%
11-20	18	4%
21-30	18	4%
31-40	5	1%
41-50	7	2%
51-60	5	1%
61-70	1	0%
71-80	1	0%
81-90	2	0%
91-100	2	0%
More than 100	10	2%
Don't Know	274	60%
Total	457	100%

Thirty percent (30%) of respondents report there is at least one gang member in their school.

Note: This question is new; it was not administered prior to 2014.

Answer	7th grade	%	9th grade	%	11th grade	%
0	31	16%	10	6%	5	5%
1-5	29	15%	7	4%	5	5%
6-10	8	4%	14	9%	5	5%
11-20	5	3%	9	6%	4	4%
21-30	3	2%	9	6%	6	6%
31-40	0	0%	2	1%	3	3%
41-50	2	1%	3	2%	2	2%
51-60	0	0%	2	1%	3	3%
61-70	0	0%	1	1%	0	0%
71-80	0	0%	0	0%	1	1%
81-90	1	1%	1	1%	0	0%
91-100	0	0%	1	1%	1	1%
More than 100	2	1%	5	3%	3	3%
Don't Know	108	57%	97	60%	69	64%
Total	189	100%	161	101%	107	102%

## 24. Are any of your family members involved in a gang?

Answer	Response	%
Yes	29	6%
No	375	82%
I don't know	53	12%
Total	457	100%

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	11	6%	9	6%	9	8%
No	157	83%	128	80%	90	84%
I don't know	21	11%	24	15%	8	7%
Total	189	100%	161	101%	107	99%

		2014		2012			
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	
YES	6%	6%	8%	5%	11%	17%	
NO	83%	80%	84%	59%	73%	75%	
I Don't Know	11%	15%	7%	36%	16%	8%	

Uncertainty has decreased by nearly two-thirds among 7th graders since 2012.

Data not available prior to 2012.

### 25. Have you ever been approached to join a gang?

(This item was presented to  $184~7^{th}$  graders,  $154~9^{th}$  graders and  $104~11^{th}$  graders based on responses from question 21.)

Answer	Response	%
Yes	33	7%
No	409	93%
Total	442	100%

Answer	7th grade	% of branched sample	9th grade	% of branched sample	11th grade	% of branched sample
Yes	13	7%	19	12%	1	1%
No	171	93%	135	88%	103	99%
Total	184	100%	154	100%	104	100%

	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9th	11th
YES	7%	12%	1%	10%	17%	15%	12%	13%	13%
NO	93%	88%	99%	90%	83%	85%	88%	87%	87%

The percent of  $11^{th}$  and  $7^{th}$  graders who have been approached to join a gang has steadily decreased since 2010.

### **Depression**

# 26. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some of your usual activities?

Answer	Response	%
Yes	142	31%
No	315	69%
Total	457	100%

Nearly a third (31%) of students has felt depressed in the past year.

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	53	28%	57	35%	32	30%
No	136	72%	104	65%	75	70%
Total	189	100%	161	100%	107	100%

Feelings of sadness seem to occur more often for high school students in the sample.

	2014				2012		2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9th	11th
YES	28%	35%	30%	28%	36%	29%	27%	30%	29%
NO	72%	65%	70%	72%	64%	71%	73%	70%	71%

# 27. During the past 12 months, did you ever seriously consider attempting suicide?

Answer	Response	%
Yes	62	14%
No	395	86%
Total	457	100%

Fourteen percent of respondents have seriously considered attempting suicide in the past 12 months.

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	17	9%	24	15%	21	20%
No	172	91%	137	85%	86	80%
Total	189	100%	161	100%	107	100%

Suicidal ideations are highest for  $11^{th}$  graders; this represents a change from 2012 and 2010 data when  $9^{th}$  graders reported the highest level of suicidal thoughts.

	2014			2012		2010			
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9th	11th
YES	9%	15%	20%	15%	22%	15%	12%	20%	11%
NO	91%	85%	80%	85%	78%	85%	88%	80%	89%

#### VALIDITY CHECK

As a validity check, a cross tabulation was run between the last two questions (whether they've been depressed and whether they've considered suicide).

			During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some of your usual activities?				
		<u>Yes</u>	<u>No</u>	Total			
	Yes	53	9	62			
During the past 12 months, did you ever seriously	No						
consider attempting suicide?		89	306	395			
	Total	142	315	457			

Of particular interest is whether those who said they were not depressed then considered suicide. If a large proportion of the group fell into this category, it may lead to concerns about whether respondents are answering these questions mindfully. Of the 142 respondents who said they were depressed in the past 12 months, 37% said they had seriously considered suicide. Of the 315 respondents who said they had not been depressed in the past 12 months, only 3% said they had seriously considered suicide. Alternatively, of the 62 respondents who said they had seriously considered suicide in the past 12 months, 82% had also felt depressed. The validity check shows that most students probably answered this question honestly.

The relationship between the responses of these two questions is encouraging from a validity standpoint; answering appears to be consistent, and the questions seem to be measuring different aspects of depression.

## \*28. During the past 12 months, how many times did you actually attempt suicide?

(This item was presented to 17 7<sup>th</sup> graders, 24 9<sup>th</sup> graders and 21 11<sup>th</sup> graders based on responses from question 27.)

Answer	Response	%
0 times	27	44%
1 times	13	21%
2 or 3 times	18	29%
4 or 5 times	2	3%
6 or more times	2	3%
Total	62	100%

During the past 12 months, over half (56%) of respondents who considered suicide made an actual attempt.

Answer	7th grade	% of entire 7 <sup>th</sup> grade	9th grade	% of entire 9 <sup>th</sup> grade	11th grade	% of entire 11 <sup>th</sup> grade
1 time	2	1%	6	4%	5	5%
2 or 3 times	5	3%	10	6%	3	3%
4 or 5 times	2	1%	0	0%	0	0%
6 or more times	0	0%	1	1%	1	1%
Total	17	9%	24	15%	21	20%

The proportion of respondents who have made suicide attempts is highest for 11<sup>h</sup> graders.

	2014			2012			2010			
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
1 time	1%	4%	5%	3%	4%	3%	2%	3%	2%	
2 or 3 times	3%	6%	3%	3%	6%	3%	3%	5%	0%	
4 or 5 times	1%	0%	0%	1%	2%	1%	0%	1%	1%	
6 or more times	0%	1%	1%	1%	1%	4%	1%	3%	1%	
Total	5%	11%	9%	8%	13%	11%	6%	12%	4%	

Reported attempted suicides have decreased from 2012 for all grade levels.

## \*29. The last time you seriously considered attempting suicide, with whom did you talk to this about?

(This item was presented to 17  $7^{th}$  graders, 24  $9^{th}$  graders and 21  $11^{th}$  graders based on responses from question 27.)

Answer	Response	%
I did not talk to anyone	30	48%
A friend, boyfriend, or girlfriend	17	27%
A parent, brother, sister or other family member	4	6%
A school counselor	0	0%
Someone not listed above	1	2%
More than one of the people listed above	10	16%
Total	62	100%

Just over half (52%) of those with suicidal ideations talked to someone when they were considering a suicide attempt.

Answer	7th grade	% of branched sample of 7 <sup>th</sup> graders	9th grade	% of branched sample of 9 <sup>th</sup> graders	11th grade	% of branched sample of 11 <sup>th</sup> graders
I did not talk to anyone	9	53%	11	46%	10	48%
A friend, boyfriend, or girlfriend	5	29%	7	29%	5	24%
A parent, brother, sister or other family member	0	0%	1	4%	3	14%
A school counselor	0	0%	0	0%	0	0%
Someone not listed above	0	0%	1	4%	0	0%
More than one of the people listed above	3	18%	4	17%	3	14%
Total	17	100%	24	100%	21	100%

For those who turned to someone for help, they most often went to friends. Students do not perceive the school counselor to be a resource when struggling with suicidal thoughts. Older respondents are more likely to talk to a family member.

	2014		2012			2010			
Response		9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
I did not talk to anyone	53%	46%	48%	56%	52%	67%	58%	38%	61%
A friend, boyfriend, or girlfriend		29%	24%	31%	23%	17%	15%	26%	22%
A parent, brother, sister or other family member	0%	4%	14%	0%	8%	4%	8%	12%	6%
A school counselor	0%	0%	0%	9%	0%	0%	4%	3%	0%
Someone not listed above	0%	4%	0%	3%	4%	8%	4%	9%	6%
More than one of the people listed above	18%	17%	14%	0%	13%	4%	12%	12%	6%

## \*30. Have you ever sought counseling, or any other service, when you felt so depressed that you seriously considered suicide?

(This item was presented to  $17~7^{th}$  graders,  $24~9^{th}$  graders and  $21~11^{th}$  graders based on responses from question 27.)

Answer	Response	%
Yes	24	39%
No	38	61%
Total	62	100%

The majority (61%) of respondents who considered suicide reported that they did not receive counseling or any other service for their depression.

Answer	7th grade	% of branched sample of 7 <sup>th</sup> graders	9th grade	% of branched sample of 9 <sup>th</sup> graders	11th grade	% of branched sample of 11 <sup>th</sup> graders
Yes	7	41%	8	33%	9	43%
No	10	59%	16	67%	12	57%
Total	17	100%	24	100%	21	100%

Students in 11<sup>th</sup> grade are most likely to seek counseling, followed by 7<sup>th</sup> grade, and then by 9<sup>th</sup> grade.

	2014				2012	2010			
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9th	11th
YES	41%	33%	43%	33%	29%	38%	50%	35%	22%
NO	59%	67%	57%	67%	71%	63%	50%	65%	78%

#### **Initial Substance Use**

The most frequently used substance by respondents was alcohol (37%), followed by cigarettes (21%), marijuana (19%), and illegal drugs (17%).

## 31. How old were you when you first smoked a cigarette, even just a few puffs?

Answer	Response	%
I have never smoked	359	79%
Total	456	100%

Nearly 4 out of 5 respondents have smoked a cigarette. The average age that respondents first smoked a cigarette is 11.9 years old.

Answer	7th grade	%	9th grade	%	11th grade	%
I have never smoked	160	85%	119	74%	80	75%
Total	189	100%	161	100%	106	100%

		2014			2012			2010	
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
I have never smoked	85%	74%	75%	75%	61%	62%	78%	62%	53%
9 years old or younger	4%	5%	6%	9%	13%	6%	5%	7%	8%
10 years old	2%	3%	2%	4%	4%	6%	5%	2%	4%
11 years old	3%	2%	0%	4%	4%	6%	6%	5%	3%
12 years old	3%	7%	3%	5%	4%	3%	3%	9%	5%
13 years old	3%	4%	0%	1%	8%	3%	1%	6%	8%
14 years old	1%	4%	4%	0%	4%	6%	1%	7%	4%
15 years old	0%	3%	5%	0%	2%	4%	0%	2%	10%
16 years old	0%	0%	4%	0%	0%	3%	0%	0%	7%
17 years old	0%	0%	1%	0%	0%	1%	0%	0%	0%
18 years old or older	0%	0%	1%	0%	0%	0%	0%	0%	0%

The percent of youth reporting they have never smoked has increased since 2010.

## 40. How old were you when you had your first drink of alcohol, other than a few sips?

Answer	Response	%
I have never had a drink of alcohol other than a few sips	288	63%
Total	456	100%

Over a third (37%) of respondents have had a drink. The average age that respondents first drank alcohol is 12.5 years old.

Answer	7th grade	%	9th grade	%	11th grade	%
I have never had a drink of alcohol other than a few sips	151	80%	99	62%	38	36%
Total	189	100%	161	100%	106	100%

By 11th grade over two thirds (64%) of respondents have drank alcohol.

	2014			2012				2010	
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
I have never had a drink of alcohol other than a few sips	80%	62%	36%	70%	44%	33%	70%	49%	30%
9 years old or younger	6%	8%	6%	10%	13%	9%	8%	8%	9%
10 years old	3%	2%	2%	5%	5%	3%	5%	5%	1%
11 years old	4%	4%	2%	6%	8%	6%	6%	5%	2%
12 years old	3%	7%	5%	5%	7%	4%	7%	6%	10%
13 years old	3%	8%	6%	3%	10%	10%	4%	8%	10%
14 years old	0%	5%	6%	0%	10%	8%	0%	12%	12%
15 years old	0%	4%	25%	0%	3%	16%	0%	6%	14%
16 years old	0%	0%	8%	0%	0%	10%	0%	0%	12%
17 years old	0%	0%	5%	0%	0%	1%	0%	0%	0%
18 years old or older	1%	0%	1%	0%	0%	0%	0%	0%	0%

Since 2010, the percent of youth across all grades who report never having a drink has increased.

### 50. How old were you when you first smoked marijuana?

Answer	Response	%
I have never smoked	371	81%
marijuana		
Total	456	100%

Nineteen percent of respondents have smoked marijuana. The average age that respondents first smoked marijuana is 13.0 years old.

Answer	7th grade	%	9th grade	%	11th grade	%
I have never smoked marijuana	173	92%	129	80%	69	65%
Total	189	100%	161	100%	106	100%

		2014			2012			2010	
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11 <sup>th</sup>
I have never smoked	92%	80%	65%	88%	64%	54%	90%	72%	54%
9 years old or younger	1%	2%	3%	1%	7%	5%	2%	5%	5%
10 years old	2%	1%	0%	1%	2%	1%	0%	0%	3%
11 years old	1%	2%	2%	4%	2%	3%	2%	2%	2%
12 years old	2%	4%	2%	4%	5%	6%	4%	1%	2%
13 years old	3%	6%	3%	1%	9%	4%	3%	9%	4%
14 years old	0%	5%	4%	0%	9%	8%	0%	8%	5%
15 years old	0%	1%	12%	0%	1%	11%	0%	2%	19%
16 years old	0%	0%	8%	0%	0%	7%	0%	1%	6%
17 years old	0%	0%	1%	0%	0%	1%	0%	0%	0%
18 years old or older	0%	0%	0%	0%	0%	0%	0%	0%	0%

#### **VALIDITY CHECK**

As a validity check, a cross tabulation was run between two initial-use questions (cigarettes and marijuana). As the actual age of first use was not a primary focus, all responses about the age of first use were combined into new categories, "I have smoked cigarettes" and "I have smoked marijuana."

		How old were your smoked a cigaret pu		
		<u>I have never</u> <u>smoked</u> <u>cigarettes</u>	I have smoked cigarettes	Total
How old were you when	I have never smoked			
you first smoked	<u>marijuana</u>	329	42	371
marijuana?	I have smoked marijuana	30	55	85
	Total	359	97	456

Of those who have smoked marijuana (n=85), the majority (65%) have also smoked cigarettes. Of those who have never smoked cigarettes (n=359), the majority (92%) has never smoked marijuana. This supports the idea that cigarettes are a gateway drug to marijuana use.

### 66. How old were you when you tried any form of illegal drug for the first time (excluding tobacco and alcohol)?

Answer	Response	%
I have never tried any illegal drug	377	83%
Total	456	100%

Seventeen percent of respondents have tried an illegal drug. The average age that respondents first tried an illegal drug is 12.5 years old.

#### **VALIDITY CHECK**

As a validity check, a cross tabulation was run between two initial-use questions (illegal drugs and marijuana). As the actual age of first use was not a primary focus, all responses about the age of first use were combined into new categories, "I have tried an illegal drug" and "I have smoked marijuana."

		How old were you when you first smoked marijuana?				
		I have never smoked marijuana	<u>I have smoked</u> <u>marijuana</u>	<u>Total</u>		
How old were you when you	I have never tried any illegal drug	347	30	377		
first tried an illegal drug?	<u>I have tried an</u> illegal drug	24	55	79		
	<u>Total</u>	371	85	456		

The question regarding if you have ever tried an illegal drug may or may not include those who have only used marijuana.

Answer	7th grade	%	9th grade	%	11th grade	%
I have never tried any illegal drug	169	89%	130	81%	78	74%
Total	189	100%	161	100%	106	100%

		2014			2012			2010	
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
9 years old or younger	3%	2%	3%	4%	10%	4%	5%	8%	5%
10 years old	2%	1%	0%	4%	0%	3%	2%	2%	1%
11 years old	1%	2%	1%	3%	4%	3%	3%	3%	3%
12 years old	3%	2%	4%	4%	6%	6%	4%	5%	4%
13 years old	3%	7%	1%	1%	8%	4%	3%	6%	5%
14 years old	0%	4%	3%	0%	8%	8%	0%	5%	7%
15 years old	0%	0%	8%	0%	1%	8%	0%	2%	14%
16 years old	0%	0%	7%	0%	0%	5%	0%	1%	4%
17 years old	0%	0%	1%	0%	0%	1%	0%	0%	0%
18 years old or older	0%	0%	0%	0%	0%	0%	0%	0%	0%
I have never tried any illegal drug	89%	81%	74%	84%	63%	58%	82%	68%	56%

The percent of respondents reporting they have never used an illegal drug has increased among all grade levels since 2012.

### **Substance Use -- Past 30 days**

The next 10 items ask about substance use in the past 30 days. The chart below shows the percent of students who have used these substances in the past 30 days.

Substance abused	Percent of respondents
Alcohol	19%
Marijuana	12%
Prescription Drugs	8%
Cigarettes	7%
Methamphetamines	6%
Cocaine	
Chewing tobacco	5%
Huffing	
Over-the-counter medicines	4%
Heroin	

### \*32. During the past 30 days, how many cigarettes did you smoke per day?

(This item was presented to 29 7th graders, 42 9th graders and 26 11th graders based on responses from question 31.)

Answer	Response	% of branched sample	% of all respondents
I did not smoke during the past 30 days	67	69%	93%*
1 cigarette per day	13	13%	3%
2 to 5 cigarettes per day	9	9%	2%
6 to 10 cigarettes per day	4	4%	1%
11 to 20 cigarettes per day	2	2%	1%
More than 20 cigarettes per day	2	2%	1%
Total	97	100%	101%

<sup>\*</sup> Based on 426 respondents, those who indicated they have not smoked in the past 30 days (n=67), and those who were not asked the question at all because they indicated in an earlier question that they never smoked (n=359).

Of those students who have smoked, 31% have used in the past 30 days.

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Answer	7th grade	% of entire 7 <sup>th</sup> grade	9th grade	% of entire 9 <sup>th</sup> grade	11th grade	% of entire 11 <sup>th</sup> grade
I did not smoke during the past 30 days.	23	12%	24	15%	20	19%
1 cigarette per day	2	1%	7	4%	4	4%
2 to 5 cigarettes per day	3	2%	6	4%	0	0%
6 to 10 cigarettes per day	0	0%	4	2%	0	0%
11 to 20 cigarettes per day	0	0%	0	0%	2	2%
More than 20 cigarettes per day	1	1%	1	1%	0	0%
Total	29	16%	42	26%	26	25%

As grade level increases, frequency of smoking decreases.

		2014			2012			2010	
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
I did not smoke during the past 30 days.	12%	15%	19%	18%	26%	27%	16%	27%	28%
1 cigarette per day	1%	4%	4%	2%	3%	1%	3%	4%	3%
2 to 5 cigarettes per day	2%	4%	0%	3%	5%	2%	1%	4%	9%
6 to 10 cigarettes per day	0%	2%	0%	1%	4%	4%	1%	1%	5%
11 to 20 cigarettes per day	0%	0%	2%	1%	1%	1%	0%	1%	1%
More than 20 cigarettes per day	1%	1%	0%	0%	0%	3%	1%	2%	2%

More students reported smoking in 2014 as compared to previous survey administrations.

## 39. During the past 30 days, on how many days did you use chewing tobacco or snuff?

Answer	Response	%
0 days	434	95%
1 or 2 days	9	2%
3 to 5 days	5	1%
6 to 9 days	2	0%
10 to 19 days	2	0%
20 to 29 days	0	0%
All 30 days	4	1%
Total	456	100%

Answer	7th grade	%	9th grade	%	11th grade	%
0 days	180	95%	153	95%	101	95%
1 or 2 days	4	2%	3	2%	2	2%
3 to 5 days	2	1%	2	1%	1	1%
6 to 9 days	2	1%	0	0%	0	0%
10 to 19 days	1	1%	0	0%	1	1%
20 to 29 days	0	0%	0	0%	0	0%
All 30 days	0	0%	3	2%	1	1%
Total	189	100%	161	100%	106	100%

Five percent of respondents use chewing tobacco or snuff, no matter what grade level.

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Answer	Male	Female
0 days	95%	96%
1 or 2 days	2%	2%
3 to 5 days	1%	1%
6 to 9 days	1%	0%
10 to 19 days	0%	0%
20 to 29 days	0%	0%
All 30 days	1%	1%
Total	218	238

Despite the stereotype that chewing tobacco is a male practice, there is not a noticeable gender difference.

	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
0 days	95%	95%	95%	96%	91%	90%	96%	94%	95%
1 or 2 days	2%	2%	2%	1%	4%	3%	2%	1%	2%
3 to 5 days	1%	1%	1%	1%	2%	0%	0%	1%	1%
6 to 9 days	1%	0%	0%	1%	1%	1%	0%	1%	0%
10 to 19 days	1%	0%	1%	0%	1%	1%	0%	1%	1%
20 to 29 days	0%	0%	0%	0%	1%	1%	0%	1%	1%
All 30 days	0%	2%	1%	0%	0%	4%	1%	2%	1%

\*41. During the past 30 days, on how many days did you have at least one drink of alcohol? (This item was presented to 38 7th graders, 62 9th graders and 68 11th graders based on responses from question 40.)

Answer	Response	% of branched sample	% of all respondents
1 or 2 days	45	27%	10%
3 to 5 days	13	8%	3%
6 to 9 days	14	8%	3%
10 to 19 days	3	2%	1%
20 to 29 days	2	1%	1%
All 30 days	3	2%	1%
Total	80	48%	19%

Of those students who have drank, 48% have used in the past 30 days.

Answer	7th grade	% of entire 7 <sup>th</sup> grade	9th grade	% of entire 9 <sup>th</sup> grade	11th grade	% of entire 11 <sup>th</sup> grade
1 or 2 days	15	8%	14	9%	16	15%
3 to 5 days	2	1%	3	2%	8	7%
6 to 9 days	2	1%	8	5%	4	4%
10 to 19 days	0	0%	3	2%	0	0%
20 to 29 days	0	0%	1	1%	1	1%
All 30 days	0	0%	1	1%	2	2%
Total	38	10%	62	20%	68	29%

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	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
1 or 2 days	8%	9%	15%	8%	19%	20%	7%	23%	23%
3 to 5 days	1%	2%	7%	1%	6%	8%	2%	5%	10%
6 to 9 days	1%	5%	4%	1%	4%	6%	1%	1%	5%
10 to 19 days	0%	2%	0%	1%	5%	3%	0%	2%	5%
20 to 29 days	0%	1%	1%	0%	1%	0%	0%	1%	1%
All 30 days	0%	1%	2%	1%	0%	3%	1%	2%	2%

\*51. During the past 30 days, how many times have you used marijuana? (This item was presented to 16 7th graders, 32 9th graders and 37 11th graders based on responses from question 50.)

Answer	Response	% of branched sample	% of all respondents
1 or 2 times	19	22%	4%
3 to 5 times	7	8%	2%
6 to 9 times	6	7%	1%
10 to 19 times	3	4%	1%
20 to 39 times	7	8%	2%
40 or more times	7	8%	2%
Total	49	57%	12%

Of those students who have tried marijuana, 57% have used in the past 30 days.

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Answer	7th grade	% of entire 7 <sup>th</sup> grade	9th grade	% of entire 9 <sup>th</sup> grade	11th grade	% of entire 11 <sup>th</sup> grade
1 or 2 times	7	4%	8	5%	4	4%
3 to 5 times	1	1%	3	2%	3	3%
6 to 9 times	2	1%	2	1%	2	2%
10 to 19 times	2	1%	1	1%	0	0%
20 to 39 times	0	0%	3	2%	4	4%
40 or more times	0	0%	5	3%	2	2%
Total	12	7%	22	14%	15	15%

		2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
1 or 2 times	4%	5%	4%	4%	5%	4%	7%	23%	23%	
3 to 5 times	1%	2%	3%	0%	2%	4%	2%	5%	10%	
6 to 9 times	1%	1%	2%	1%	1%	3%	1%	1%	5%	
10 to 19 times	1%	1%	0%	1%	3%	4%	0%	2%	5%	
20 to 39 times	0%	2%	4%	0%	3%	3%	0%	1%	1%	
40 or more times	0%	3%	2%	1%	5%	7%	1%	2%	2%	

The percent of respondents among all grade levels that have smoked marijuana in the past 30 days has consistently increased since 2010.

## 57. During the past 30 days, how many times have you taken a prescription drug without a doctor's prescription?

Answer	Response	%
0 times	421	92%
1 or 2 times	15	3%
3 to 5 times	10	2%
6 to 9 times	4	1%
10 to 19 times	3	1%
20 to 39 times	0	0%
40 or more times	3	1%
Total	456	100%

Note: Previous wording of this question was "During the past 30 days, how many times have you used prescription or over-the-counter drugs to get high?"

Answer	7th grade	%	9th grade	%	11th grade	%
0 times	175	93%	151	94%	95	90%
1 or 2 times	8	4%	3	2%	4	4%
3 to 5 times	3	2%	5	3%	2	2%
6 to 9 times	1	1%	0	0%	3	3%
10 to 19 times	1	1%	1	1%	1	1%
20 to 39 times	0	0%	0	0%	0	0%
40 or more times	1	1%	1	1%	1	1%
Total	189	102%	161	101%	106	101%

## 58. During the past 30 days, how many times have you used over-the-counter drugs to get high?

Answer	Response	%
0 times	440	96%
1 or 2 times	7	2%
3 to 5 times	5	1%
6 to 9 times	2	0%
10 to 19 times	0	0%
20 to 39 times	0	0%
40 or more times	2	0%
Total	456	100%

Comparing prescription drug and over-the-counter drug use indicates slightly more respondents are improperly using prescription drugs than over-the-counter drugs.

Note: Previous wording of this question was "During the past 30 days, how many times have you used prescription or over-the-counter drugs to get high?"

Answer	7th grade	%	9th grade	%	11th grade	%
0 times	184	97%	154	96%	102	96%
1 or 2 times	3	2%	3	2%	1	1%
3 to 5 times	1	1%	2	1%	2	2%
6 to 9 times	1	1%	1	1%	0	0%
10 to 19 times	0	0%	0	0%	0	0%
20 to 39 times	0	0%	0	0%	0	0%
40 or more times	0	0%	1	1%	1	1%
Total	189	101%	161	101%	106	100%

		2014			2012			2010		
		2014			2012					
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
0 times	97%	96%	96%	97%	89%	89%	97%	88%	87%	
1 or 2 times	2%	2%	1%	2%	6%	2%	1%	4%	7%	
3 to 5 times	1%	1%	2%	0%	2%	2%	0%	4%	2%	
6 to 9 times	1%	1%	0%	0%	1%	1%	0%	1%	1%	
10 to 19 times	0%	0%	0%	0%	0%	1%	0%	1%	0%	
20 to 39 times	0%	0%	0%	0%	0%	0%	0%	0%	0%	
40 or more times	0%	1%	1%	0%	1%	4%	1%	4%	2%	

# 63. During the past 30 days, how many times have you huffed (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays) to get high?

Answer	Response	%
0 times	431	95%
1 or 2 times	14	3%
3 to 5 times	3	1%
6 to 9 times	5	1%
10 to 19 times	0	0%
20 to 39 times	0	0%
40 or more times	3	1%
Total	456	100%

Answer	7th grade	%	9th grade	%	11th grade	%
0 times	177	94%	150	93%	104	98%
1 or 2 times	7	4%	6	4%	1	1%
3 to 5 times	1	1%	2	1%	0	0%
6 to 9 times	3	2%	2	1%	0	0%
10 to 19 times	0	0%	0	0%	0	0%
20 to 39 times	0	0%	0	0%	0	0%
40 or more times	1	1%	1	1%	1	1%
Total	189	102%	161	100%	106	100%

As age increases, the use of huffing to get high decreases.

		2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
0 times	94%	93%	98%	86%	91%	94%	88%	89%	94%	
1 or 2 times	4%	4%	1%	8%	7%	1%	9%	5%	2%	
3 to 5 times	1%	1%	0%	2%	0%	0%	1%	1%	1%	
6 to 9 times	2%	1%	0%	2%	1%	0%	0%	1%	1%	
10 to 19 times	0%	0%	0%	1%	0%	1%	0%	1%	0%	
20 to 39 times	0%	0%	0%	0%	0%	1%	0%	1%	0%	
40 or more times	1%	1%	1%	1%	1%	3%	2%	2%	2%	

The percent of respondents among all grade levels that have huffed to get high in the past 30 days has consistently decreased since 2010.

**67.** During the past 30 days, how many times have you used any form of cocaine? (This item was presented to 20 7th graders, 31 9th graders and 28 11th graders based on responses from question 66.)

Answer	Response	% of branched sample	% of all respondents
1 or 2 times	4	5%	1%
3 to 5 times	1	1%	1%
6 to 9 times	1	1%	1%
10 to 19 times	2	3%	1%
20 to 39 times	1	1%	1%
40 or more times	2	3%	1%
Total	11	14%	6%

Of those students who had used cocaine, 14% have used in the past 30 days.

Answer	7th grade	% of entire 7 <sup>th</sup> grade	9th grade	% of entire 9 <sup>th</sup> grade	11th grade	% of entire 11 <sup>th</sup> grade
1 or 2 times	1	1 1% 2 1%		1	1%	
3 to 5 times	0	0%	1	1%	0	0%
6 to 9 times	1	1%	0	0%	0	0%
10 to 19 times	0	0%	1	1%	1	1%
20 to 39 times	0	0%	1	1%	0	0%
40 or more times	0	0%	2	1%	0	0%
Total	2	2%	7	5%	2	2%

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		2014			2012		2010			
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
1 or 2 times	1%	1%	1%	0%	2%	1%	1%	1%	1%	
3 to 5 times	0%	1%	0%	1%	1%	0%	0%	1%	1%	
6 to 9 times	1%	0%	0%	0%	1%	1%	0%	0%	2%	
10 to 19 times	0%	1%	1%	0%	0%	1%	0%	0%	0%	
20 to 39 times	0%	1%	0%	0%	0%	1%	0%	0%	1%	
All 40 times	0%	1%	0%	0%	2%	3%	1%	3%	2%	

## **68.** During the past 30 days, how many times have you used heroin? (This item was presented to 20 7th graders, 31 9th graders and 28 11th graders based on responses from question 66.)

Answer	Response	% of branched sample	% of all respondents
1 or 2 times	4	5%	1%
3 to 5 times	1	1%	1%
6 to 9 times	1	1%	1%
10 to 19 times	0	0%	0%
20 to 39 times	0	0%	0%
40 or more times	3	4%	1%
Total	9	11%	4%

Of those students who have used heroin, 11% have used in the past 30 days.

Answer	7th grade	% of entire 7 <sup>th</sup> grade	9th grade	% of entire 9 <sup>th</sup> grade	11th grade	% of entire 11 <sup>th</sup> grade
1 or 2 times	0	0%	3	2%	1	1%
3 to 5 times	1	1%	0	0%	0	0%
6 to 9 times	0	0%	1	1%	0	0%
10 to 19 times	0	0%	0	0%	0	0%
20 to 39 times	0	0%	0	0%	0	0%
40 or more times	1	1%	2	1%	0	0%
Total	2	2%	6	4%	1	1%

		2014			2012			2010		
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11 <sup>th</sup>	
1 or 2 times	0%	2%	1%	0%	1%	1%	0%	0%	2%	
3 to 5 times	1%	0%	0%	0%	0%	1%	0%	0%	0%	
6 to 9 times	0%	1%	0%	0%	0%	1%	0%	1%	0%	
10 to 19 times	0%	0%	0%	0%	0%	1%	0%	0%	0%	
20 to 39 times	0%	0%	0%	0%	0%	1%	0%	1%	1%	
40 or more times	1%	1%	0%	0%	2%	4%	1%	2%	2%	

### 69. During the past 30 days, how many times have you used methamphetamine (also called "speed," or "crystal")?

(This item was presented to 20  $7^{th}$  graders, 31  $9^{th}$  graders and 28  $11^{th}$  graders based on responses from question 66.)

Answer	Response	% of branched sample	% of all respondents
1 or 2 times	3	4%	1%
3 to 5 times	1	1%	1%
6 to 9 times	2	3%	1%
10 to 19 times	1	1%	1%
20 to 39 times	1	1%	1%
40 or more times	2	3%	1%
Total	10	13%	6%

Of those students who have used methamphetamines, 13% have used in the past 30 days.

#### Waynesboro YRBS

Answer	7th grade	% of entire 7 <sup>th</sup> grade	9th grade	% of entire 9 <sup>th</sup> grade	11th grade	% of entire 11 <sup>th</sup> grade
1or 2 times	1	1%	1	1%	1	1%
3 to 5 times	0	0%	1	1%	0	0%
6 to 9 times	1	1%	1	1%	0	0%
10 to 19 times	1	1%	0	0%	0	0%
20 to 39 times	0	0%	0	0%	1	1%
40 or more times	0	0%	2	1%	0	0%
Total	3	3%	5	4%	2	2%

		2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
1 or 2 times	1%	1%	1%	1%	0%	1%	1%	0%	1%	
3 to 5 times	0%	1%	0%	0%	0%	1%	0%	1%	1%	
6 to 9 times	1%	1%	0%	0%	0%	0%	0%	0%	0%	
10 to 19 times	1%	0%	0%	0%	0%	1%	0%	0%	1%	
20 to 39 times	0%	0%	1%	0%	0%	1%	0%	0%	1%	
40 or more times	0%	1%	0%	1%	2%	4%	1%	2%	1%	

#### **Perceived Ease -- Substance Procurement**

Of the substances mentioned in the following set of items, students felt that it would be easiest to get cigarettes (56%) followed by alcohol (48%), marijuana (43%) and hardest to get street drugs (32%). As students get older, their responses indicate it becomes easier to obtain tobacco, alcohol and other drugs.

### 35. If you wanted to get some cigarettes, how easy do you think it would be for you to get some?

Answer	Response	%
Very Difficult	124	27%
Somewhat Difficult	75	16%
Somewhat Easy	119	26%
Very Easy	138	30%
Total	456	100%

The majority of respondents (56%) think it would be easy to get cigarettes.

Answer	7th grade	%	9th grade	%	11th grade	%
Very difficult	71	38%	40	25%	13	12%
Somewhat difficult	37	20%	20	12%	18	17%
Somewhat easy	42	22%	48	30%	29	27%
Very easy	39	21%	53	33%	46	43%
Total	189	101%	161	100%	106	99%

		2014			2012			2010	
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
Very difficult	38%	25%	12%	52%	26%	16%	10%	11%	9%
Somewhat difficult	20%	12%	17%	14%	11%	13%	23%	14%	5%
Somewhat easy	22%	30%	27%	21%	23%	21%	25%	29%	18%
Very easy	21%	33%	43%	13%	41%	50%	42%	46%	68%

## 46. If you wanted to get some alcohol, how easy do you think it would be for you to get some?

Answer	Response	%
Very Difficult	140	31%
Somewhat Difficult	96	21%
Somewhat Easy	118	26%
Very Easy	102	22%
Total	456	100%

Just under half of respondents (48%) think it would be easy to get alcohol.

Answer	7th grade	%	9th grade	%	11th grade	%
Very Difficult	83	44%	43	27%	14	13%
Somewhat Difficult	44	23%	39	24%	13	12%
Somewhat Easy	42	22%	44	27%	32	30%
Very Easy	20	11%	35	22%	47	44%
Total	189	100%	161	100%	106	99%

	2014		2012			2010			
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
Very difficult	44%	27%	13%	53%	19%	15%	48%	26%	13%
Somewhat difficult	23%	24%	12%	22%	18%	18%	23%	18%	17%
Somewhat easy	22%	27%	30%	15%	25%	25%	15%	19%	41%
Very easy	11%	22%	44%	11%	38%	42%	14%	37%	30%

## 53. If you wanted to get marijuana, how easy do you think it would be for you to get some?

Answer	Response	%
Very difficult	188	41%
Somewhat difficult	70	15%
Somewhat easy	87	19%
Very easy	111	24%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

Forty-three percent of respondents think it would be easy to get marijuana.

Answer	7th grade	%	9th grade	%	11th grade	%
Very Difficult	112	59%	53	33%	23	22%
Somewhat Difficult	32	17%	25	16%	13	12%
Somewhat Easy	22	12%	38	24%	27	25%
Very Easy	23	12%	45	28%	43	41%
Total	189	100%	161	100%	106	100%

## 65. If you wanted to get street drugs, how easy do you think it would be for you to get some?

Answer	Response	%
Very difficult	195	43%
Somewhat difficult	115	25%
Somewhat easy	80	18%
Very easy	66	14%
Total	456	100%

Nearly a third of respondents (32%) think it would be easy to get street drugs.

Answer	7th grade	%	9th grade	%	11th grade	%
Very Difficult	100	53%	64	40%	31	29%
Somewhat Difficult	40	21%	42	26%	33	31%
Somewhat Easy	31	16%	26	16%	23	22%
Very Easy	18	10%	29	18%	19	18%
Total	189	100%	161	100%	106	100%

		2014	2012			2010			
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
Very difficult	53%	40%	29%	56%	23%	26%	57%	34%	20%
Somewhat difficult	21%	26%	31%	20%	26%	17%	19%	23%	22%
Somewhat easy	16%	16%	22%	18%	21%	27%	16%	23%	25%
Very easy	10%	18%	18%	6%	30%	31%	9%	21%	32%

#### **Perceived Risk of Substance Use**

Marijuana is seen as having the least risk, when compared to cigarettes, alcohol, and prescription drugs. Twenty percent of students think there is no risk to smoking marijuana regularly followed by 6% of students who think there is no risk to drinking alcohol or smoking regularly, and 7% who think there is no risk to improperly taking prescription drugs.

As grade level increases, perceived risk for all substances decreases.

## 36. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

Answer	Response	%
No risk	26	6%
Slight risk	27	6%
Moderate risk	104	23%
Great risk	299	66%
Total	456	100%

Ninety-four percent of respondents believe smoking puts people at risk of harming themselves.

Answer	7th grade	%	9th grade	%	11th grade	%
No risk	16	8%	9	6%	1	1%
Slight risk	10	5%	10	6%	7	7%
Moderate risk	48	25%	33	20%	23	22%
Great risk	115	61%	109	68%	75	71%
Total	189	99%	161	100%	106	101%

	2014				2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
No risk	8%	6%	1%	6%	4%	3%	5%	5%	4%	
Slight risk	5%	6%	7%	6%	6%	5%	10%	4%	8%	
Moderate risk	25%	20%	22%	25%	22%	20%	23%	17%	25%	
Great risk	61%	68%	71%	63%	68%	73%	62%	74%	63%	

# 47. How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage nearly every day?

Answer	Response	%
No risk	28	6%
Slight risk	88	19%
Moderate risk	185	41%
Great risk	155	34%
Total	456	100%

Ninety-four percent of respondents believe that drinking alcohol on a regular basis puts people at risk of harming themselves.

Answer	7th grade	%	9th grade	%	11th grade	%
No risk	14	7%	10	6%	4	4%
Slight risk	39	21%	22	14%	27	25%
Moderate risk	68	36%	72	45%	45	43%
Great risk	68	36%	57	35%	30	28%
Total	189	100%	161	100%	106	100%

		2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
No risk	7%	6%	4%	7%	9%	8%	8%	8%	8%	
Slight risk	21%	14%	25%	16%	23%	23%	20%	17%	23%	
Moderate risk	36%	45%	43%	35%	39%	33%	39%	34%	44%	
Great risk	36%	35%	28%	41%	29%	36%	33%	24%	25%	

# 54. How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana regularly?

Answer	Response	%
No risk	91	20%
Slight risk	98	21%
Moderate risk	117	26%
Great risk	150	33%
Total	456	100%

Twenty percent of respondents think there is no risk to regular marijuana use. Regular marijuana use is seen as less risky than drinking alcohol, smoking cigarettes, or improperly taking prescription drugs.

Answer	7th grade	%	9th grade	%	11th grade	%
No risk	29	15%	32	20%	30	28%
Slight risk	30	16%	40	25%	28	26%
Moderate risk	48	25%	49	30%	20	19%
Great risk	82	43%	40	25%	28	26%
Total	189	99%	161	100%	106	99%

	2014				2012		2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
No risk	15%	20%	28%	8%	26%	23%	9%	11%	16%
Slight risk	16%	25%	26%	9%	16%	19%	15%	16%	26%
Moderate risk	25%	30%	19%	18%	19%	20%	16%	20%	28%
Great risk	43%	25%	26%	64%	39%	38%	60%	53%	31%

## 60. How much do you think people risk harming themselves (physically or in other ways) if they use prescription drugs that are not prescribed to them?

Answer	Response	%
No risk	30	7%
Slight risk	38	8%
Moderate risk	122	27%
Great risk	266	58%
Total	456	100%

Ninety-three percent of respondents believe that improperly taking prescription drugs puts people at risk of harming themselves.

Note: This question is new; it was not administered prior to 2014.

Answer	7th grade	%	9th grade	%	11th grade	%
No risk	16	8%	10	6%	4	4%
Slight risk	19	10%	12	7%	7	7%
Moderate risk	56	30%	32	20%	34	32%
Great risk	98	52%	107	66%	61	58%
Total	189	100%	161	99%	106	101%

#### **Parental Disapproval**

For all four substances, a relatively low percentage of respondents (fewer than 5%) indicated that their parents would regard their children's substance usage as "Not at all wrong." The percent associated with parental disapproval is lowest for marijuana use followed by alcohol use and cigarette smoking, and finally prescription drug abuse.

### 38. How wrong do your parents feel it would be for you to smoke cigarettes?

Answer	Response	%
Very wrong	377	83%
Wrong	56	12%
A little bit wrong	16	4%
Not at all wrong	7	2%
Total	456	100%

Ninety-eight of respondents think their parents would disapprove of them smoking.

Answer	7th grade	%	9th grade	%	11th grade	%
Very wrong	163	86%	137	85%	77	73%
Wrong	18	10%	14	9%	24	23%
A little bit wrong	5	3%	8	5%	3	3%
Not at all wrong	3	2%	2	1%	2	2%
Total	189	101%	161	100%	106	101%

There is little difference among grade levels of perceived parental disapproval of smoking.

		2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
Very wrong	86%	85%	73%	83%	70%	68%	84%	68%	59%	
Wrong	10%	9%	23%	10%	23%	19%	12%	21%	22%	
A little bit wrong	3%	5%	3%	6%	4%	8%	3%	8%	14%	
Not at all wrong	2%	1%	2%	1%	4%	5%	2%	4%	5%	

## 49. How wrong do your parents feel it would be for you to drink alcohol regularly?

Answer	Response	%
Very wrong	353	77%
Wrong	70	15%
A little bit wrong	25	5%
Not at all wrong	8	2%
Total	456	99%

Ninety-seven percent of respondents think their parents would disapprove of them drinking alcohol on a regular basis.

Answer	7th grade	%	9th grade	%	11th grade	%
Very wrong	156	83%	122	76%	75	71%
Wrong	22	12%	25	16%	23	22%
A little bit wrong	10	5%	9	6%	6	6%
Not at all wrong	1	1%	5	3%	2	2%
Total	189	101%	161	101%	106	101%

There is little difference among grade levels of perceived parental disapproval of alcohol use.

	2014		2012		2010				
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
Very wrong	83%	76%	71%	71%	55%	57%	70%	62%	46%
Wrong	12%	16%	22%	21%	28%	20%	21%	21%	29%
A little bit wrong	5%	6%	6%	7%	13%	15%	5%	9%	19%
Not at all wrong	1%	3%	2%	1%	4%	8%	3%	8%	5%

## 56. How wrong do your parents feel it would be for you to smoke marijuana?

Answer	Response	%
Very wrong	377	83%
Wrong	42	9%
A little bit wrong	19	4%
Not at all wrong	18	4%
Total	456	100%

Ninety-six percent of respondents think their parents would disapprove of them using marijuana.

Answer	7th grade	%	9th grade	%	11th grade	%
Very wrong	170	90%	133	83%	74	70%
Wrong	13	7%	12	7%	17	16%
A little bit wrong	3	2%	8	5%	8	8%
Not at all wrong	3	2%	8	5%	7	7%
Total	189	101%	161	100%	106	101%

	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
Very wrong	90%	83%	70%	91%	73%	66%	86%	79%	64%
Wrong	7%	7%	16%	4%	13%	14%	8%	11%	20%
A little bit wrong	2%	5%	8%	3%	8%	10%	3%	4%	13%
Not at all wrong	2%	5%	7%	1%	6%	10%	3%	6%	3%

## 62. How wrong do your parents feel it would be for you to use prescription drugs not prescribed to you?

Answer	Response	%
Very wrong	402	88%
Wrong	40	9%
A little bit wrong	11	2%
Not at all wrong	3	1%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

Nearly all respondents (99%) think their parents would disapprove of them improperly using prescription drugs.

Answer	7th grade	%	9th grade	%	11th grade	%
Very wrong	170	90%	143	89%	89	84%
Wrong	13	7%	13	8%	14	13%
A little bit wrong	4	2%	4	2%	3	3%
Not at all wrong	2	1%	1	1%	0	0%
Total	189	100%	161	99%	106	100%

#### **Peer Disapproval**

Perceived disapproval use of an illegal drug by friends is as follows: prescription drugs (95%), alcohol (90%), cigarettes (90%), and marijuana (81%).

## 37. How wrong do your friends feel it would be for you to smoke cigarettes?

Answer	Response	%
Very wrong	199	44%
Wrong	134	29%
A little bit wrong	78	17%
Not at all wrong	45	10%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

The vast majority of respondents (90%) think their friends would view cigarette smoking as wrong.

Answer	7th grade	%	9th grade	%	11th grade	%
Very wrong	98	52%	65	40%	36	34%
Wrong	57	30%	43	27%	34	32%
A little bit wrong	17	9%	33	20%	28	26%
Not at all wrong	17	9%	20	12%	8	8%
Total	189	100%	161	99%	106	100%

## 48. How wrong do your friends feel it would be for you to have one drink of an alcoholic beverage nearly every day?

Answer	Response	%
Very wrong	178	39%
Wrong	127	28%
A little bit wrong	104	23%
Not at all wrong	47	10%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

The vast majority of respondents (90%) think their friends would view drinking alcohol as wrong.

Answer	7th grade	%	9th grade	%	11th grade	%
Very wrong	94	50%	57	35%	27	25%
Wrong	58	31%	44	27%	25	24%
A little bit wrong	27	14%	42	26%	35	33%
Not at all wrong	10	5%	18	11%	19	18%
Total	189	100%	161	99%	106	100%

## 55. How wrong do your friends feel it would be for you to smoke marijuana?

Answer	Response	%
Very wrong	198	43%
Wrong	104	23%
A little bit wrong	69	15%
Not at all wrong	85	19%
Total	456	100%

This question is new; it was not administered prior to 2014.

Eighty-one percent of respondents said their friends would disapprove of them smoking marijuana.

Answer	7th grade	%	9th grade	%	11th grade	%
Very wrong	115	61%	55	34%	28	26%
Wrong	40	21%	43	27%	21	20%
A little bit wrong	14	7%	29	18%	26	25%
Not at all wrong	20	11%	34	21%	31	29%
Total	189	100%	161	100%	106	100%

# 61. How wrong do your friends feel it would be for you to use prescription drugs not prescribed to you?

Answer	Response	%
Very wrong	255	56%
Wrong	134	29%
A little bit wrong	42	9%
Not at all wrong	25	5%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

Ninety-five percent of respondents said their friends would disapprove of them improperly taking prescription drugs.

Answer	7th grade	%	9th grade	%	11th grade	%
Very wrong	119	63%	85	53%	51	48%
Wrong	45	24%	55	34%	34	32%
A little bit wrong	14	7%	15	9%	13	12%
Not at all wrong	11	6%	6	4%	8	8%
Total	189	100%	161	100%	106	100%

## Offered, Sold, Given Substances on School Property

## 34. During the past 12 months, has anyone offered, sold, or given you cigarettes or tobacco on school property?

Answer	Response	%
Yes	53	12%
No	403	88%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	21	11%	25	16%	7	7%
No	168	89%	136	84%	99	93%
Total	189	100%	161	100%	106	100%

## 45. During the past 12 months, has anyone offered, sold, or given you alcohol on school property?

Answer	Response	%
Yes	35	8%
No	421	92%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	12	6%	18	11%	5	5%
No	177	94%	143	89%	101	95%
Total	189	100%	161	100%	106	100%

# 52. During the past 12 months, has anyone offered, sold, or given you marijuana on school property?

Answer	Response	%
Yes	68	15%
No	388	85%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	18	10%	40	25%	10	9%
No	171	90%	121	75%	96	91%
Total	189	100%	161	100%	106	100%

# 59. During the past 12 months, has anyone offered, sold, or given you prescription drugs on school property?

Answer	Response	%
Yes	31	7%
No	425	93%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	9	5%	16	10%	6	6%
No	180	95%	145	90%	100	94%
Total	189	100%	161	100%	106	100%

# 64. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

Answer	Response	%
Yes	35	8%
No	421	92%
Total	456	100%

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	13	7%	18	11%	4	4%
No	176	93%	143	89%	102	96%
Total	189	100%	161	100%	106	100%

		2014		2012			
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	
Yes	7%	11%	4%	5%	22%	17%	
No	93%	89%	96%	95%	78%	83%	

### **Additional Tobacco Items**

# \*33. During the past 30 days, if you got cigarettes, how did you get them? (This item was presented to 29 7th graders, 42 9th graders and 26 11th graders based on responses from question 31.)

Answer	Response	%
I did not get cigarettes in the past 30 days	65	67%
I bought cigarettes, myself, in a store such as a convenience store or supermarket	3	3%
I got cigarettes from my parents	6	6%
Someone older than 18 bought cigarettes for me	16	16%
I gave money to someone older than 18 to buy me cigarettes	14	14%
I got cigarettes some other way	22	23%

Note: Respondents were asked to CHECK ALL THAT APPLY, therefore totals add up to more than the number of respondents. Note: Previous wording of this question was "During the past 30 days, if you got cigarettes, how did you usually get them?"

Because nearly a quarter (23%) of respondents answered "I got cigarettes some other way, it may be informative to ask for an explanation in future survey administrations.

Answer	7th grade	% of responses	9th grade	% of responses	11th grade	% of responses
I did not get cigarettes in the past 30 days	21	64%	25	40%	19	63%
I bought cigarettes, myself, in a store such as a convenience store or supermarket	0	0%	2	3%	1	3%
I got cigarettes from my parents	1	3%	4	6%	1	3%
Someone older than 18 bought cigarettes for me	3	9%	9	14%	4	13%
I gave money to someone older than 18 to buy me cigarettes	3	9%	9	14%	2	7%
I got cigarettes some other way	5	15%	14	22%	3	10%
Total	33	100%	63	99%	30	99%

		2014			2012			2010	
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
I did not get cigarettes in the past 30 days	64%	40%	63%	70%	56%	66%	15%	25%	26%
I bought them in a store such as a convenience store or supermarket	0%	3%	3%	2%	1%	8%	0%	1%	3%
I gave someone else money to buy them for me	9%	14%	7%	12%	22%	14%	3%	3%	8%
I got them from my parent	3%	6%	3%	2%	0%	2%	0%	2%	2%
Borrowed them from someone		-	-	4%	8%	3%	0%	5%	4%
I stole them				4%	2%	5%	1%	1%	1%
I got them some other way	15%	22%	10%	6%	10%	2%	3%	2%	3%

Note: Responses in the above table are consistent with the wording on the 2012 and 2010 instruments.

### **Additional Alcohol Items**

\*42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol within a couple of hours? (This item was presented to 38 7th graders, 62 9th graders and 68 11th graders based on responses from question 40.)

Answer	Response	%
1 or 2 days	19	11%
3 to 5 days	6	4%
6 to 9 days	4	2%
10 to 19 days	3	2%
20 to 29 days	2	1%
All 30 days	1	1%
Total	35	21%

Answer	7th grade	% of entire 7 <sup>th</sup> grade	9th grade	% of entire 9 <sup>th</sup> grade	11th grade	% of entire 11 <sup>th</sup> grade
1 or 2 days	3	2%	7	4%	9	8%
3 to 5 days	2	1%	3	2%	1	1%
6 to 9 days	0	0%	2	1%	2	2%
10 to 19 days	0	0%	1	1%	2	2%
20 to 29 days	0	0%	1	1%	1	1%
All 30 days	0	0%	1	1%	0	0%
Total	5	3%	15	10%	15	14%

Reports of binge drinking increase significantly from 7<sup>th</sup> to 9<sup>th</sup> grades (13% to 24%). Ninth graders report more binge drinking than the other two grades.

		2014			2012			2010	
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
1 or 2 days	2%	4%	8%	1%	3%	2%	3%	12%	13%
3 to 5 days	1%	2%	1%	1%	0%	1%	0%	0%	7%
6 to 9 days	0%	1%	2%	0%	0%	1%	0%	1%	4%
10 to 19 days	0%	1%	2%	0%	0%	1%	0%	2%	1%
20 to 29 days	0%	1%	1%	0%	0%	1%	0%	0%	1%
All 30 days	0%	1%	0%	0%	1%	3%	1%	2%	2%

# **43.** During the past 30 days, if you drank alcohol, how did you get it? (CHECK ALL THAT APPLY) (This item was presented to 38 7th graders, 62 9th graders and 68 11th graders based on responses from question 40.)

Answer	Re	esponse	%
I did not get alcohol in the past 30 days		92	55%
I bought alcohol, myself, in a store such as a convenience store or supermarket		2	1%
I got alcohol from my parents		24	14%
Someone older than 21 bought alcohol for me		27	16%
I gave money to someone older than 21 to buy me alcohol		21	13%
I got alcohol some other way		43	26%

Note: Respondents were asked to CHECK ALL THAT APPLY, therefore totals add up to more than the number of respondents. Note: this question is new; it was not administered prior to 2014.

Answer	7th grade	% of responses	9th grade	% of responses	11th grade	% of responses
I did not get alcohol in the past 30 days	21	53%	32	42%	39	42%
I bought alcohol, myself, in a store such as a convenience store or supermarket	0	0%	1	1%	1	1%
I got alcohol from my parents	5	13%	12	16%	7	8%
Someone older than 21 bought alcohol for me	2	5%	8	11%	17	18%
I gave money to someone older than 21 to buy me alcohol	2	5%	7	9%	12	13%
I got alcohol some other way	10	25%	16	21%	17	18%
Total	40	101%	76	100%	93	100%

# 44. During the past 30 days, on how many days did you possess alcohol on school property?

Answer	Response	%
0 days	441	97%
1 or 2 days	5	1%
3 to 5 days	7	2%
6 to 9 days	2	0%
10 to 19 days	0	0%
20 to 29 days	0	0%
All 30 days	1	0%
Total	456	100%

Answer	7th grade	%	9th grade	%	11th grade	%
0 days	187	99%	152	94%	102	96%
1 or 2 days	1	1%	3	2%	1	1%
3 to 5 days	1	1%	4	2%	2	2%
6 to 9 days	0	0%	1	1%	1	1%
10 to 19 days	0	0%	0	0%	0	0%
20 to 29 days	0	0%	0	0%	0	0%
All 30 days	0	0%	1	1%	0	0%
Total	189	101%	161	100%	106	100%

		2014		2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
0 days	99%	94%	96%	99%	96%	93%	98%	96%	94%
1 or 2 days	1%	2%	1%	0%	3%	2%	1%	1%	4%
3 to 5 days	1%	2%	2%	0%	0%	1%	0%	0%	1%
6 to 9 days	0%	1%	1%	0%	0%	1%	0%	0%	1%
10 to 19 days	0%	0%	0%	0%	0%	1%	0%	0%	1%
20 to 29 days	0%	0%	0%	0%	0%	1%	0%	1%	0%
All 30 days	0%	1%	0%	0%	1%	3%	1%	2%	1%

### **Sexual Attitudes and Behaviors**

## 70. Have you talked about sex with your parents or other adults in your family?

Answer	Response	%
Yes	315	69%
No	141	31%
Total	456	100%

Over two-thirds (69%) of respondents have talked to their parent or adult family member about sex.

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	111	59%	118	73%	86	81%
No	78	41%	43	27%	20	19%
Total	189	100%	161	100%	106	100%

As students get older, they are more likely to talk to their parents about sex.

		2014			2012			2010	
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
Yes	59%	73%	81%	58%	74%	82%	55%	71%	74%
No	41%	27%	19%	42%	26%	18%	45%	29%	26%

## 71. How old were you when you engaged in sexual activity for the first time?

Answer	Response	%
I have never engaged in sexual activity	331	73%
	456	1000/
Total	456	100%

Nearly three-fourths of respondents have never engaged in sexual activity. Of those who reported being sexual active, the average age of first sexual encounter is as follows: 7<sup>th</sup> graders were 11.9 years of age; 9<sup>th</sup> graders were 13.3 years of age, and 11<sup>th</sup> graders were 14.4 years of age.

Answer	7th grade	%	9th grade	%	11th grade	%
I have never engaged in sexual activity	168	89%	118	73%	45	42%
Total	189	100%	161	99%	106	99%

Answer	Male	%	Female	%
I have never engaged in sexual activity	157	72%	174	73%
Total	218	101%	238	99%

Of those who reported being sexually active, females report having initial sexual activity at 13.8 years of age, and males report having initial sexual activity at 13.3 years of age.

	2014		2012	
Response	Male	Female	Male	Female
I have never engaged in sexual activity	72%	73%	61%	65%

Data are not available for 2010. Note a decrease in sexual activity from 2012.

# \*72. During your life, with how many different people have you had sexual activity? (This item was presented to 21 7th graders, 43 9th graders and 61 11th graders based on responses from question 71.)

Answer	Response	%
1 person	52	42%
2 people	30	24%
3 people	14	11%
4 people	4	3%
5 people	7	6%
6 or more people	18	14%
Total	125	100%

Answer	7th grade	% of entire 7 <sup>th</sup> grade	9th grade	% of entire 9 <sup>th</sup> grade	11th grade	% of entire 11 <sup>th</sup> grade
1 person	7	4%	19	12%	26	24%
2 people	7	4%	9	6%	14	13%
3 people	1	1%	5	3%	8	7%
4 people	1	1%	0	0%	3	3%
5 people	1	1%	4	2%	2	2%
6 or more people	4	2%	6	4%	8	7%
Total	21	12%	43	27%	61	57%

		2014			2012			2010	
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11 <sup>th</sup>
1 person	4%	12%	24%	8%	14%	15%	8%	15%	24%
2 people	4%	6%	13%	2%	12%	13%	2%	8%	13%
3 people	1%	3%	7%	2%	4%	10%	2%	6%	10%
4 people	1%	0%	3%	1%	1%	5%	0%	2%	7%
5 people	1%	2%	2%	0%	3%	7%	0%	1%	2%
6 or more people	2%	4%	7%	0%	5%	11%	2%	5%	8%
Total	13%	27%	56%	13%	39%	51%	14%	37%	64%

Answer	Male	% of branched sample	Female	% of branched sample
1 person	24	39%	28	44%
2 people	14	23%	16	25%
3 people	6	10%	8	13%
4 people	1	2%	3	5%
5 people	4	7%	3	5%
6 or more people	12	20%	6	9%
Total	61	101%	64	101%

	2014			2012
Response	Male	Female	Male	Female
1 person	39%	44%	33%	33%
2 people	23%	25%	23%	27%
3 people	10%	13%	10%	18%
4 people	2%	5%	6%	6%
5 people	7%	5%	6%	10%
6 or more people	20%	9%	21%	7%

Data are not available for 2010.

\*73. When you engaged in sexual activity, how often did you use any form of birth control? (This item was presented to 21 7th graders, 43 9th graders and 61 11th graders based on responses from question 71.)

Answer	Response	%
Every time	52	42%
Most of the time	21	17%
Sometimes	10	8%
Never	42	34%
Total	125	100%

Over a third (34%) of respondents who are sexually active never use birth control.

Answer	7th grade	% of branched 7 <sup>th</sup> grade sample	9th grade	% of branched 9 <sup>th</sup> grade sample	11th grade	% of branched 11 <sup>th</sup> grade sample
Every time	5	24%	18	42%	29	48%
Most of the time	3	14%	3	7%	15	25%
Sometimes	3	14%	2	5%	5	8%
Never	10	48%	20	47%	12	20%
Total	21	100%	43	101%	61	101%

Use of birth control goes up drastically from  $9^{th}$  to  $11^{th}$  grade (53% to 80%) as indicated by the drop in "Never" responses.

Note: Previous versions of this item were worded, "If you have engaged in sexual activity, how often did you use any form of birth control?"

	2014				2012		2010			
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>	
Every time	24%	42%	48%	31%	44%	45%	29%	36%	45%	
Most of the time	14%	7%	25%	7%	5%	17%	6%	5%	16%	
Sometimes	14%	5%	8%	3%	8%	10%	6%	5%	13%	
Never	48%	47%	20%	59%	43%	28%	58%	55%	27%	

Answer	Male	% of branched sample	Female	% of branched sample
Every time	25	41%	27	42%
Most of the time	11	18%	10	16%
Sometimes	1	2%	9	14%
Never	24	39%	18	28%
Total	61	100%	64	100%

	2014 2012			2012
Response	Male	Female	Male	Female
Every time	11%	11%	16%	16%
Most of the time	5%	4%	4%	4%
Sometimes	1%	4%	3%	3%
Never	11%	8%	16%	13%

# 74. Have you ever been taught Family Life Education, at school, by someone other than a class teacher?

Answer	Response	%
Yes	279	61%
No	105	23%
Don't know	72	16%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	108	57%	97	60%	74	70%
No	49	26%	34	21%	22	21%
Don't know	32	17%	30	19%	10	9%
Total	189	100%	161	100%	106	100%

By  $11^{\rm th}$  grade, 70% of respondents reported having had Family Life education taught by someone other than a class teacher. The amount of uncertainty is lowest among  $11^{\rm th}$  graders.

# 75. During the Family Life Education class that was taught by someone other than a class teacher, what did you learn about? (CHECK ALL THAT APPLY.) (This item was presented to 108 7th graders, 97 9th graders and 74 11th graders based on responses from question 74.)

Answer	Response	%
STDs/STIs	204	73%
The importance of using birth control to prevent	222	80%
pregnancy		
Substance abuse	190	68%
The importance of waiting until marriage to have sex	167	60%
The importance of healthy relationships	233	84%

Note: Respondents were asked to CHECK ALL THAT APPLY, therefore totals add up to more than the number of respondents.

This question is new; it was not administered prior to 2014.

Answer	7th grade	% of responses	9th grade	% of responses	11th grade	% of responses
STDs/STIs	42	15%	91	22%	71	22%
The importance of using birth control to prevent pregnancy	64	23%	87	21%	71	22%
Substance abuse	56	20%	74	18%	60	19%
The importance of waiting until marriage to have sex	48	17%	68	16%	51	16%
The importance of healthy relationships	69	25%	95	23%	69	21%
Total	279	100%	415	100%	322	100%

No major differences are noticeable across grades.

# 76. Where have you received most of your information about STDs/STIs and pregnancy prevention?

Answer	Response	%
Friends	39	9%
Boyfriend/girlfriend	7	2%
Doctor or nurse	41	9%
Classroom teacher	71	16%
Someone who taught you Family Life at school but was not a classroom teacher	173	38%
Mother or father	80	18%
Brother, sister or other family member	10	2%
The internet	18	4%
TV, radio, books, magazines, pamphlets	17	4%
Total	456	100%

Note: In previous versions, this item was worded, "Where have you received most of your information about sex and sexually transmitted diseases/infections (STDs/STIs)?"

Family Life Education taught by someone other than a classroom teacher is a primary source of information about STDs and pregnancy, followed by classroom teachers and parents.

Answer	7th grade	%	9th grade	%	11th grade	%
Friends	25	13%	8	5%	6	6%
Boyfriend/girlfriend	6	3%	1	1%	0	0%
Doctor or nurse	23	12%	14	9%	4	4%
Classroom teacher	10	5%	41	25%	20	19%
Someone who taught you Family Life at school but was not a classroom teacher	44	23%	68	42%	61	58%
Mother or father	54	29%	20	12%	6	6%
Brother, sister or other family member	5	3%	4	2%	1	1%
The internet	7	4%	4	2%	7	7%
TV, radio, books, magazines, pamphlets	15	8%	1	1%	1	1%
Total	189	100%	161	99%	106	102%

For 9th and 11th graders, Family Life Education taught by someone other than a classroom teacher is the primary source of sexual health information.

	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
I have not received any information about sex and STDs				22%	11%	6%	24%	6%	8%
Friends/ peers	16%	6%	6%	7%	8%	5%	9%	6%	5%
Parents/ other family members	29%	12%	6%	23%	18%	18%	27%	15%	14%
Brother/ sisters	3%	2%	1%	3%	2%	1%	1%	1%	1%
School teachers/ counselors	5%	25%	19%	38%	50%	61%	28%	61%	60%
Doctors or nurses	12%	9%	4%	4%	8%	6%	4%	9%	8%
TV/ radio	8%	1%	1%	2%	2%	2%	5%	1%	2%
Magazines/ newspapers/ books				1%	1%	1%	2%	1%	2%

Note: Responses in the above table are consistent with the wording on the 2012 and 2010 instruments.

# 77. Among the following sources, which one source would you trust to give you the most accurate information about STDs/STIs and preventing pregnancies?

Answer	Response	%
Friends	20	4%
Boyfriend/girlfriend	10	2%
Doctor or nurse	197	43%
Classroom teacher	29	6%
Someone who taught you a class at school but was not a classroom teacher	81	18%
Mother or father	71	16%
Brother, sister or other family member	11	2%
The internet	25	5%
TV, radio, books, magazines, pamphlets	12	3%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

Respondents are most confident that doctors and nurses (43%) will provide accurate information, followed by school-based programming (18%) and parent (16%).

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Answer	7th grade	%	9th grade	%	11th grade	%
Friends	11	6%	7	4%	2	2%
Boyfriend/girlfriend	7	4%	2	1%	1	1%
Doctor or nurse	83	44%	65	40%	49	46%
Classroom teacher	3	2%	21	13%	5	5%
Someone who taught you a class at school but was not a classroom teacher	23	12%	30	19%	28	26%
Mother or father	44	23%	20	12%	7	7%
Brother, sister or other family member	5	3%	6	4%	0	0%
The internet	6	3%	8	5%	11	10%
TV, radio, books, magazines, pamphlets	7	4%	2	1%	3	3%
Total	189	101%	161	99%	106	100%

# 78. Thinking about your life right now, how important is it for you to avoid getting a girl pregnant or becoming pregnant yourself?

Answer	Response	%
Very important	385	84%
Somewhat important	26	6%
A little important	14	3%
Not at all important	31	7%
Total	456	100%

Note: This question is new; it was not administered prior to 2014.

Answer	7th grade	%	9th grade	%	11th grade	%
Very important	154	81%	133	83%	98	92%
Somewhat important	10	5%	13	8%	3	3%
A little important	7	4%	5	3%	2	2%
Not at all important	18	10%	10	6%	3	3%
Total	189	100%	161	100%	106	100%

Answer	Male	%	Female	%
Very important	179	82%	206	87%
Somewhat important	17	8%	9	4%
A little important	7	3%	7	3%
Not at all important	15	7%	16	7%
Total	218	100%	238	101%

Females are more likely to feel more strongly that they should avoid pregnancy than males. "Very important" is endorsed by more females (87%) than males (82%). Although there is no major difference between males and females, who think it is important as indicated by combining "very important," "somewhat important," and "a little important."

## **Nutrition**

# 79. During the past 7 days, how many times did you eat vegetables?

Answer	Response	%
1-3 servings during the past 7 days	105	23%
4-6 servings during the past 7 days	93	20%
About 1 serving per day	79	17%
About 2 servings per day	78	17%
About 3 servings per day	32	7%
About 4 or more servings per day	31	7%
I did not eat vegetables during the past 7 days	38	8%
Total	456	100%

Over half (51%) of respondents at less than one serving of vegetables per day.

Answer	7th grade	%	9th grade	%	11th grade	%
I did not eat vegetables during the past 7 days	47	25%	36	22%	22	21%
1-3 servings during the past 7 days	38	20%	32	20%	23	22%
4-6 servings during the past 7 days	25	13%	31	19%	23	22%
About 1 serving per day	34	18%	24	15%	20	19%
About 2 servings per day	17	9%	11	7%	4	4%
About 3 servings per day	15	8%	9	6%	7	7%
About 4 or more servings per day	13	7%	18	11%	7	7%
Total	189	100%	161	100%	106	102%

The U.S. Dept. of Agriculture Food Guide Pyramid recommends that adolescent girls eat four servings of vegetables per day; the recommended amount for adolescent boys is five servings.

	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
I did not eat vegetables during the past 7 days	25%	22%	21%	7%	5%	11%	12%	10%	8%
1-3 servings during the past 7 days	20%	20%	22%	19%	19%	32%	19%	27%	26%
4-6 servings during the past 7 days	13%	19%	22%	9%	17%	13%	14%	12%	22%
About 1 serving per day	18%	15%	19%	19%	14%	14%	21%	21%	20%
About 2 servings per day	9%	7%	4%	23%	22%	15%	17%	16%	14%
About 3 servings per day	8%	6%	7%	9%	10%	8%	9%	6%	5%
About 4 or more servings per day	7%	11%	7%	14%	13%	6%	7%	8%	6%

There is a noticeable increase in the percent of students who reported not eating any vegetables during the past seven days as compared to previous survey administrations.

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Answer	Male	%	Female	%
1-3 servings during the past 7 days	48	22%	58	24%
4-6 servings during the past 7 days	45	20%	48	20%
About 1 serving per day	31	14%	50	21%
About 2 servings per day	39	18%	39	16%
About 3 servings per day	16	7%	16	7%
About 4 or more servings per day	19	9%	12	5%
I did not eat vegetables during the past 7 days	22	10%	17	7%
Total	220	100%	240	100%

There do not appear to be gender differences for how often vegetables are consumed by respondents.

80. During the past 7 days, how many times did you drink a can, a bottle, or a glass of soda/pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda/diet pop.)

Answer	Response	%
1-3 times during the past 7 days	183	40%
4-6 times during the past 7 days	50	11%
About 1 time per day	52	11%
About 2 times per day	28	6%
About 3 times per day	15	3%
About 4 or more times per day	31	7%
I did not drink soda or pop during the past 7 days	97	21%
Total	456	100%

Just over a quarter (27%) of respondents, drink at least one soda every day.

Answer	7th grade	%	9th grade	%	11th grade	%
I did not drink soda/pop during the past 7 days.	84	44%	67	42%	32	30%
1-3 times during the past 7 days	24	13%	16	10%	10	9%
4-6 times during the past 7 days	17	9%	15	9%	20	19%
About 1 time per day	7	4%	10	6%	11	10%
About 2 times per day	6	3%	5	3%	4	4%
About 3 times per day	14	7%	14	9%	3	3%
About 4 or more times per day	37	20%	34	21%	26	25%
Total	189	100%	161	100%	106	100%

As students get older, they drink more soda, possibly due to having more independence and eating away from home more.

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	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
I did not drink soda/pop during the past 7 days.	44%	42%	30%	21%	20%	18%	20%	16%	18%
1-3 times during the past 7 days	13%	10%	9%	37%	33%	30%	35%	29%	34%
4-6 times during the past 7 days	9%	9%	19%	11%	9%	15%	17%	16%	12%
About 1 time per day	4%	6%	10%	8%	11%	13%	7%	15%	9%
About 2 times per day	3%	3%	4%	10%	9%	9%	8%	4%	8%
About 3 times per day	7%	9%	3%	5%	7%	3%	7%	8%	6%
About 4 or more times per day	20%	21%	25%	8%	11%	12%	7%	12%	13%

There was a sizeable decrease from 2012 in the percent of respondents who had soda during the past seven days.

# 81. During the past 7 days, how many times did you eat candy, cookies, donuts, pie or cake?

Answer	Response	%
I did not eat candy, cookies, donuts, pie or cake during the past 7 days	67	15%
1-3 servings during the past 7 days	201	44%
4-6 servings during the past 7 days	68	15%
About 1 serving per day	56	12%
About 2 servings per day	37	8%
About 3 servings per day	12	3%
About 4 or more servings per day	15	3%

The majority of students (59%) eat less than one serving of sweets per day.

Answer	7th grade	%	9th grade	%	11th grade	%
I did not eat candy, cookies, donuts, pie or cake during the past 7 days	34	18%	23	14%	10	9%
1-3 servings during the past 7 days	87	46%	77	48%	37	35%
4-6 servings during the past 7 days	31	16%	18	11%	19	18%
About 1 serving per day	17	9%	18	11%	21	20%
About 2 servings per day	11	6%	11	7%	15	14%
About 3 servings per day	5	3%	5	3%	2	2%
About 4 or more servings per day	4	2%	9	6%	2	2%
Total	189	100%	161	100%	106	100%

As age increases, students eat more sweets.

		2014		2012			2010		
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11 <sup>th</sup>
I did not eat candy, cookies, donuts, pie or cake during the past 7 days	18%	14%	9%	18%	16%	15%	22%	12%	13%
1-3 servings during the past 7 days	46%	48%	35%	48%	38%	41%	43%	41%	35%
4-6 servings during the past 7 days	16%	11%	18%	14%	13%	11%	14%	12%	14%
About 1 serving per day	9%	11%	20%	9%	11%	15%	7%	18%	19%
About 2 servings per day	6%	7%	14%	4%	11%	7%	8%	9%	11%
About 3 servings per day	3%	3%	2%	1%	5%	5%	2%	4%	3%
About 4 or more servings per day	2%	6%	2%	5%	6%	7%	4%	6%	5%

# 82. Have you ever gone to bed hungry because there was not enough food in your home?

Answer	Response	%
Yes	67	15%
No	389	85%
Total	456	100%

Answer	7th grade	%	9th grade	%	11th grade	%
Yes	28	15%	28	17%	11	10%
No	161	85%	133	83%	95	90%
Total	189	100%	161	100%	106	100%

		2014 2012 2010			2012				
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
Yes	15%	17%	10%	17%	17%	15%	12%	16%	17%
No	85%	83%	90%	83%	83%	85%	88%	84%	83%

## **Physical Activity and Leisure Time**

83. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

Answer	Response	%
0 days	53	12%
1 day	28	6%
2 days	37	8%
3 days	76	17%
4 days	54	12%
5 days	70	15%
6 days	31	7%
7 days	107	23%
Total	456	100%

Over half (57%) of students report being physically active for at least 60 minutes, four or more days a week.

Over 50% of students report being physically active for at least 60 minutes a majority of days in a week.	7th grade	%	9th grade	%	11th grade	%
0 days	19	10%	16	10%	18	17%
1 day	5	3%	11	7%	12	11%
2 days	13	7%	12	7%	12	11%
3 days	35	19%	23	14%	18	17%
4 days	26	14%	19	12%	9	8%
5 days	34	18%	20	12%	16	15%
6 days	12	6%	15	9%	4	4%
7 days	45	24%	45	28%	17	16%
Total	189	101%	161	99%	106	99%

Note: There is a noticeable decrease in the percent of  $11^{th}$  graders (43%), compared to  $9^{th}$  graders (61%) and  $7^{th}$  (62%) graders who reported being physically active for at least 60 minutes four or more days a week.

		2014		2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
0 days	10%	10%	17%	9%	10%	22%	16%	13%	13%
1 day	3%	7%	11%	8%	5%	6%	5%	3%	10%
2 days	7%	7%	11%	10%	9%	11%	9%	11%	9%
3 days	19%	14%	17%	14%	5%	7%	14%	16%	14%
4 days	14%	12%	8%	16%	9%	11%	9%	12%	14%
5 days	18%	12%	15%	10%	21%	10%	12%	12%	13%
6 days	6%	9%	4%	6%	9%	8%	7%	8%	10%
7 days	24%	28%	16%	27%	31%	25%	28%	25%	17%

## 84. On an average school day, how many hours do you watch TV?

Answer	Response	%
Less than 1 hour per day	89	20%
1 hour per day	64	14%
2 hours per day	95	21%
3 hours per day	66	14%
4 hours per day	23	5%
5 or more hours per day	57	13%
I do not watch TV on an average school day	62	14%
Total	456	100%

Over two-thirds (69%) of respondents watch TV two hours or less on a school day.

Answer	7th grade	%	9th grade	%	11th grade	%
Less than 1 hour per day	41	22%	27	17%	21	19%
1 hour per day	32	17%	16	10%	16	15%
2 hours per day	43	23%	34	21%	18	17%
3 hours per day	28	15%	21	13%	17	16%
4 hours per day	4	2%	10	6%	9	8%
5 or more hours per day	22	12%	28	17%	7	7%
I do not watch TV on an average school day	19	10%	25	16%	18	17%
Total	189	101%	161	100%	106	99%

Seventh graders watch more TV on school days than 9th or 11th graders.

	2014			2012			2010		
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11 <sup>th</sup>
Less than 1 hour per day	22%	17%	19%	16%	14%	18%	6%	5%	11%
1 hour per day	17%	10%	15%	13%	12%	17%	20%	18%	16%
2 hours per day	23%	21%	17%	21%	23%	22%	11%	11%	12%
3 hours per day	15%	13%	16%	16%	15%	11%	25%	21%	18%
4 hours per day	2%	6%	8%	9%	9%	10%	17%	16%	18%
5 or more hours per day	12%	17%	7%	13%	13%	11%	7%	9%	12%
I do not watch TV on an average school day	10%	16%	17%	11%	13%	11%	14%	20%	13%

# 85. On an average school day, how many hours do you play video or computer games or use a computer for something that is not schoolwork?

Answer	Response	%
Less than 1 hour per day	83	18%
1 hour per day	68	15%
2 hours per day	65	14%
3 hours per day	56	12%
4 hours per day	23	5%
5 or more hours per day	61	13%
I do not play video or computer games or use a computer on an average school day	99	22%
Total	455	100%

Sixty-nine percent of respondents use the computer for something other than schoolwork for two hours per day or less. Time spent on a computer not for schoolwork does not correlate with hours spent watching TV; the correlation between responses on the pair of questions is r=.18, which is a small correlation. In other words, there is not a relationship between how much time a student spent on the computer with how much time was spent watching TV.

Answer	7th grade	%	9th grade	%	11th grade	%
Less than 1 hour per day	39	21%	23	14%	21	20%
1 hour per day	34	18%	22	14%	12	11%
2 hours per day	22	12%	29	18%	14	13%
3 hours per day	20	11%	21	13%	15	14%
4 hours per day	8	4%	8	5%	7	7%
5 or more hours per day	23	12%	26	16%	12	11%
I do not play video or computer games or use a computer on an average school day	43	23%	32	20%	24	23%
Total	189	101%	161	100%	105	99%

	2014		2012			2010			
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
Less than 1 hour per day	21%	14%	20%	22%	14%	20%	14%	14%	14%
1 hour per day	18%	14%	11%	15%	11%	7%	21%	18%	14%
2 hours per day	12%	18%	13%	15%	16%	18%	17%	15%	19%
3 hours per day	11%	13%	14%	11%	11%	10%	18%	19%	18%
4 hours per day	4%	5%	7%	6%	12%	10%	11%	11%	16%
5 or more hours per day	12%	16%	11%	16%	18%	15%	8%	5%	7%
I do not play video or computer games or use a computer on an average school day	23%	20%	23%	15%	18%	20%	11%	17%	13%

The percent of respondents among all grade levels who *do not* use a computer for something other than schoolwork on school days has consistently increased since 2010. This may be due to the increase use of other electronic devices to access the Internet, games, Facebook, etc.

# 86. On an average school day, how many hours do you spend using a cell phone?

Answer	Response	%
Less than 1 hour	69	15%
1 hour per day	35	8%
2 hours per day	43	9%
3 hours per day	51	11%
4 hours per day	33	7%
5 or more hours per day	149	33%
I do not use a cell phone on an average school day	75	16%
Total	455	100%

One third (33%) of respondents use a cell phone for five hours or more per day.

Answer	7th grade	%	9th grade	%	11th grade	%
Less than 1 hour	35	19%	25	16%	9	9%
1 hour per day	11	6%	13	8%	11	10%
2 hours per day	14	7%	17	11%	12	11%
3 hours per day	17	9%	20	12%	14	13%
4 hours per day	11	6%	12	7%	10	10%
5 or more hours per day	52	28%	55	34%	42	40%
I do not use a cell phone on an average school day	49	26%	19	12%	7	7%
Total	189	101%	161	100%	105	100%

As grade level increases, cell phone usage increases.

	2014			2012			2010		
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11 <sup>th</sup>
Less than 1 hour	19%	16%	9%	21%	12%	15%	23%	14%	11%
1 hour per day	6%	8%	10%	10%	9%	4%	21%	16%	10%
2 hours per day	7%	11%	11%	7%	4%	11%	9%	6%	5%
3 hours per day	9%	12%	13%	11%	11%	4%	7%	6%	11%
4 hours per day	6%	7%	10%	1%	7%	13%	8%	6%	7%
5 or more hours per day	28%	34%	40%	28%	45%	46%	6%	6%	5%
I do not use a cell phone on an average school day	26%	12%	7%	22%	12%	6%	26%	45%	52%

The percent of students who use a cell phone on an average day increased significantly between 2010 and 2012. This higher trend continues in the 2014 data.

88. If you have a job, how many hours do you work in a typical week? (A job can include babysitting, yard work or anything you get paid to do.)

Answer	Response	%
I don't have a job	321	71%
Less than 5 hours per week	40	9%
Between 5 and 10 hours per week	42	9%
Between 11 and 15 hours per week	18	4%
Between 16 and 20 hours per week	18	4%
More than 20 hours per week	16	4%
Total	455	100%

The majority (71%) of respondents do not have a job. Of those who do have a job, a majority (61%) work 10 hours or less per week.

Answer	7th grade	%	9th grade	%	11th grade	%
I don't have a job	138	73%	126	78%	57	54%
Less than 5 hours per week	17	9%	13	8%	10	10%
Between 5 and 10 hours per week	21	11%	9	6%	12	11%
Between 11 and 15 hours per week	6	3%	2	1%	10	10%
Between 16 and 20 hours per week	5	3%	5	3%	8	8%
More than 20 hours per week	2	1%	6	4%	8	8%
Total	189	100%	161	100%	105	101%

	2014				2012			2010		
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11 <sup>th</sup>	
I don't have a job	73%	78%	54%	69%	73%	57%	72%	76%	71%	
Less than 5 hours per week	9%	8%	10%	13%	10%	6%	12%	10%	5%	
Between 5 and 10 hours per week	11%	6%	11%	8%	7%	10%	8%	8%	8%	
Between 11 and 15 hours per week	3%	1%	10%	2%	2%	5%	3%	1%	10%	
Between 16 and 20 hours per week	3%	3%	8%	4%	5%	11%	1%	1%	3%	
More than 20 hours per week	1%	4%	8%	3%	2%	9%	4%	5%	4%	

## Health

## 87. How much sleep do you usually get at night?

Answer	Response	%
Less than 7 hours	103	23%
7 hours	127	28%
8 hours	131	29%
More than 8 hours	94	21%
Total	455	100%

According to the U.S. Center for Disease Control, adolescents need 8.5-9.5 hours of sleep per night. Only 21% of respondents get the recommended amount of sleep.

Answer	7th grade	%	9th grade	%	11th grade	%
Less than 7 hours	28	15%	43	27%	32	30%
7 hours	48	25%	46	29%	33	31%
8 hours	54	29%	48	30%	29	28%
More than 8 hours	59	31%	24	15%	11	10%
Total	189	100%	161	101%	105	99%

	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
Less than 7 hours	15%	27%	30%	19%	27%	35%	15%	24%	26%
7 hours	25%	29%	31%	16%	27%	30%	19%	29%	43%
8 hours	29%	30%	28%	33%	29%	25%	36%	26%	23%
More than 8 hours	31%	15%	10%	33%	18%	10%	30%	21%	7%

## 89. In the past year, have you ever been sick enough to want to see a doctor but did not?

Answer	Response	%
Yes	103	23%
No	352	77%
Total	455	100%

I	Answer	7th grade	%	9th grade	%	11th grade	%
	Yes	42	22%	39	24%	22	21%
	No	147	78%	122	76%	83	79%
	Total	189	100%	161	100%	105	100%

Note: Previous wording was "In the past year, have you ever been sick enough to want to see a doctor but were not able to?"

There is little difference between grade levels.

	2014			2012			2010		
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11 <sup>th</sup>
Yes	22%	24%	21%	12%	17%	15%	16%	16%	13%
No	78%	76%	79%	88%	83%	85%	84%	84%	87%

The percent of respondents who wanted to see a doctor but did not has consistently increased among all grade levels since 2010.

# **90. For what reason were you not able to see the doctor/physician?** (This item was presented to 42 7th graders, 39 9th graders and 22 11th graders based on responses from question 89.)

Answer	Response	%
No insurance	6	6%
No transportation	4	4%
Couldn't afford	11	11%
Don't have a regular doctor	4	4%
I don't know	52	50%
Other	26	25%
Total	103	100%

A quarter (25%) of students answered "Other" as a reason they did not want to see a doctor/physician. Those responses were provided in a text entry field and are presented below.

Answer	7th grade	%	9th grade	%	11th grade	%
No insurance	3	7%	2	5%	1	5%
No transportation	1	2%	0	0%	3	14%
Couldn't afford	5	12%	4	10%	2	9%
Don't have a regular doctor	2	5%	0	0%	2	9%
I don't know	17	40%	24	62%	11	50%
Other	14	33%	9	23%	3	14%
Total	42	99%	39	100%	22	101%

A sizable portion of the sample indicated there is another reason. Those reasons were provided in a text entry field and are presented below.

Other
my mother said i didnt need to go
We knew what was wrong
my dad said to suck it up
didnt want to go
i have a different doctor
didnt get there on time
I needed to go to school that day.
didnt want to tell any one
i didn't want to get up
did not have car
i didnt want to tell my parent
kept taking medicine
did not want to
no reason
Suck it up.
sucked it up
cause i didnt want to go
Parents said no
could not talk to my parents
I didn't care enough
no ride
I didn't want to go.
didnt want to go
Kept it to myself

	2014			2012			2010		
Response	7th	9th	11th	7th	9 <sup>th</sup>	11 <sup>th</sup>	7th	9 <sup>th</sup>	11 <sup>th</sup>
No insurance	7%	5%	5%	8%	16%	13%	8%	0%	14%
No transportation	2%	0%	14%	19%	18%	17%	14%	18%	18%
Couldn't afford	12%	10%	9%	12%	13%	39%	14%	32%	14%
Don't have a regular doctor	5%	0%	9%	4%	3%	17%	3%	7%	0%
I don't know	40%	62%	50%	58%	50%	13%	61%	43%	55%
Other	33%	23%	14%			1			

There was no choice of "Other" on the 2012 and 2010 surveys.

## 91. When was the last time you saw a dentist for a checkup, exam, teeth cleaning, or other dental work?

Answer	Response	%
During the past 12 months	314	69%
Between 12 and 24 months ago	32	7%
More than 24 months ago	15	3%
Never	16	4%
Not sure/don't remember	78	17%
Total	455	100%

Over three-quarters (69%) of the respondents have visited a dentist in the past 12 months.

Answer	7th grade	%	9th grade	%	11th grade	%
During the past 12 months	120	63%	115	71%	79	75%
Between 12 and 24 months ago	12	6%	15	9%	5	5%
More than 24 months ago	2	1%	5	3%	8	8%
Never	8	4%	4	2%	4	4%
Not sure/don't remember	47	25%	22	14%	9	9%
Total	189	99%	161	100%	105	101%

As age increases, the frequency of visits to the dentist increases.

	2014		2012			2010			
Response	7th	9th	11th	7th	9th	11 <sup>th</sup>	7th	9th	11 <sup>th</sup>
During the past 12 months	63%	71%	75%	71%	72%	72%	68%	72%	72%
Between 12 and 24 months ago	6%	9%	5%	7%	8%	11%	4%	6%	8%
More than 24 months ago	1%	3%	8%	2%	2%	3%	3%	2%	5%
Never	4%	2%	4%	1%	4%	2%	2%	5%	1%
Not sure/don't remember	25%	14%	9%	18%	14%	13%	23%	14%	13%