

Fiscal Year 2021 Report and 2022 Update

OOY VISION: A community where all youth reach their highest potential.

OOY MISSION: The mission of the Central Shenandoah Valley Office on Youth is to promote collaborative efforts among youth and family service agencies to encourage positive youth development in our community.

Fiscal Year 2021 Central Shenandoah Valley Office on Youth (OOY) accomplishments:

- Reached 1,005 youth and parents through various programs and services;
- Certified all parenting classes in virtual format;
- Served 173 Parents, this is close to our 10 pre-COVID average of 221 parents per year;
- Check and Connect Truancy Prevention program served 63 middle & high school youth;
- Virginia Juvenile Community Crime Control Act (VJCCCA) served 79 youth; of those youth 34 received diversionary services;
- Safe Routes to School provided 430 elementary children with pedestrian and bicycle safety education in Waynesboro;
- Teen Pregnancy prevention provided Family Life Education to Shelburne Middle School and AR Ware ES - 260 youth;
- Five Youth Commission meetings were held;
- Trained facilitators and began instruction of First Five Years, an evidence-based parenting program for parents of children 0-5;
- Total annual expenses: \$ 540,381.87.

Challenges:

- Schools were closed most of the year. Family Life Education was not being taught in a virtual format, Truancy was handled differently because of virtual instruction, and Juvenile Courts were closed on and off throughout the year because of COVID and flooding. These factors significantly reduced the number of youth contacts throughout FY 21.

Fiscal Year 2022 accomplishments to date:

- Secured JJDPA Promising Youth grant to create a Truancy Board and expand the Check and Connect program;
- Hired 4 new staff for vacant or newly created positions;
- Back to in-person programming in the schools/community and hybrid parenting programs.

Challenges:

- Hiring and maintaining staff.

Strategic Planning Document

2020 – 2023

FY 21 Updates

Central Shenandoah Valley

Office on Youth

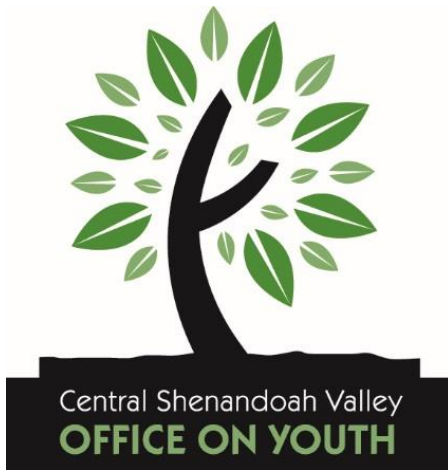


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VISION STATEMENT

A community where all youth reach their highest potential.

MISSION STATEMENT

The mission of the Central Shenandoah Valley Office on Youth (Office on Youth) is to promote collaborative efforts among youth and family service agencies to encourage positive youth development in our community.

POSITIVE YOUTH DEVELOPMENT

The Office on Youth utilizes the Search Institutes' 40 Developmental Assets® framework for youth development that identifies positive supports and strengths children and youth need to thrive.

In 1990, the Search Institute introduced the 40 Developmental Assets®, which is grounded in extensive research in youth development, resiliency, and prevention, the framework identifies:

- The supports, opportunities, and relationships young people need across all aspects of their lives, and
- The personal skills, self-perceptions, and values they need to make good choices, take responsibility for their own lives, and be independent and fulfilled.

When youth have more assets, they are:

- More likely to thrive now and in the future.
- Less likely to engage in a wide range of high-risk behaviors.
- More likely to be resilient in the face of challenges.

Youth and family programs of the Office on Youth are designed to build the 40 Developmental Assets in children and youth.

PROGRAM GOALS

GOAL 1: PROVIDE TEENS THE SKILLS AND KNOWLEDGE NEEDED TO REACH THEIR HIGHEST POTENTIAL.

STRATEGY 1: LIFESKILLS TRAINING

The Office on Youth will teach youth involved in the juvenile justice system the skills they need to avoid delinquent behavior by implementing an evidence-based Botvin LifeSkills program as a detention alternative.

Objective: To decrease youth's verbal and physical aggression, fighting, and other delinquent behavior.

Outputs: At least 5 juveniles will participate in the Botvin LifeSkills program the first year, and at least 10 juveniles will participate all subsequent years. **2020-2021 OUTPUTS: Eight (8) YOUTH RECEIVED INSTRUCTION IN LIFESKILLS.**

STRATEGY 2: TEEN PROJECT

The Office on Youth will teach youth the skills they need to control their emotions and make positive choices to avoid delinquent behavior by offering Teen Project.

Objective: To decrease 30% of youth served verbal and physical aggression; fighting; and delinquency as measured by pre/posttests.

Outputs:

Year 1: A minimum of 15 youth will enroll in Teen Project.

2019-2020 OUTPUTS: 12 YOUTH ENROLLED IN TEEN PROJECT.

Year 2: A minimum of 25 youth will enroll in Teen Project.

2020-2021 OUTPUTS; Teen Project was not held in conjunction with Parent Project due to COVID and on-line only instruction format.

Year 3: A minimum of 35 youth will enroll in Teen Project.

At least 5 participants will be referred by the courts the first year and 10 each subsequent year. At least 5 participants will be referred for

a truancy violation the first year and 10 referred for truancy each subsequent year.

2019-2020 OUTPUTS: TWO PARENTS AND ONE YOUTH WERE COURT-ORDERED TO PARTICIPATE IN PARENT/TEEN PROJECT.

STRATEGY 3: CHECK AND CONNECT

The Office on Youth in partnership with Augusta County Schools, Staunton City Schools, Waynesboro City Schools, and the 25th District Juvenile and Domestic Relations Court will provide mentoring to truant youth utilizing the evidence-based program Check and Connect. The Check and Connect program helps youth develop the skills they need to be successful in school as a way to reach their full potential.

Objective: Fifty percent (50%) of youth enrolled in the Check and Connect Program will improve their school attendance after at least six (6) months of participating in the program.

Outputs: Enroll 15 new youth each year in the Check and Connect Program; thus maintaining 30 youth in the program.

2020-2021 OUTPUTS: SIXTY-THREE (63) YOUTH WERE ENROLLED IN THE CHECK AND CONNECT PROGRAM.

STRATEGY 4: FAMILY LIFE EDUCATION

The Office on Youth in partnership with the local schools and Health Department seeks to improve the health of children and youth in our community by teaching age-appropriate Family Life Education to students in grades 4 – 10. Family Life Education teaches youth knowledge and skills to help them make positive choices that will help them reach their full potential.

Objective: Students will learn age-appropriate information about 1) human sexuality, 2) developing and understanding their values and attitudes about sexuality, 3) healthy relationships and interpersonal skills, and 4) how to exercise responsibility regarding sexual relationships, including addressing abstinence, contraception, and risks associated with sexual intercourse.

Outputs: 3,000 students will receive instruction each year.

2020-2021 OUTPUTS: 260 STUDENTS RECEIVED AGE-APPROPRIATE SEXUAL HEALTH EDUCATION. Due to virtual learning format for most of the year, Family Education was not being offered in the schools.

STRATEGY 5: CREATING SAFE ROUTES TO SCHOOL

The Office on Youth in partnership with Waynesboro City Schools seeks to improve the health of children and youth in our community by encouraging active lifestyles. The Safe Routes to School program encourages youth to develop life-long habits that will build strong minds and bodies to help them reach their full potential.

Objective: Increase the number of youth and children regularly walking or bicycling to school by at least 10% from each school's current baseline in the next 3 years.

Outputs:

2020-2021 OUTPUTS: 430 YOUTH WERE PROVIDED HANDS-ON INSTRUCTION IN BICYCLE SAFETY AND/OR LEARNED TO RIDE A BICYCLE.

GOAL 2: ASSURE ALL FAMILIES PROVIDE HIGH LEVELS OF LOVE AND SUPPORT TO THEIR CHILDREN.

STRATEGY 1: PARENT PROJECT AND LOVING SOLUTIONS

The Office on Youth will help parents develop the skills they need to stabilize their family unit and reduce children's delinquent behavior by offering age-appropriate support programs to parents with children ages 05 - 18 whose families are in crisis.

Objective: At least 15% of parents who complete class will report a decrease in family conflict each year.

Outputs: Thirty (30) parents will enroll in Parent Project and fifteen (15) parents will enroll in loving solutions each year.

2020-2021 OUTPUTS: 5 PARENTS ENROLLED IN PARENT PROJECT AND 11 PARENTS ENROLLED IN LOVING SOLUTIONS FOR A TOTAL OF 16 PARENTS SERVED THROUGH THESE CLASSES.

STRATEGY 2: ACTIVE PARENTING

The Office on Youth will aid parents of children age 5 – 18 to develop healthy positive parenting skills to address a range of common childhood struggles.

Objective: Parents will be taught a comprehensive model of parenting that will enable their children to reach their highest potential.

Outputs: 30 parents will enroll in Active Parenting each year.

2020-2021 OUTPUTS: 42 PARENTS ENROLLED IN ACTIVE PARENTING.

STRATEGY 3: 24/7 DAD PROGRAM

The Office on Youth will teach fathers about the importance they play in their children's lives and aid fathers in developing the skills they need to fulfill their unique role as a dad.

Objective: 24/7 Dad® equips fathers with the self-awareness, compassion, and sense of responsibility that every good parent needs. It focuses on building the man first and the father second.

Outputs: 10 fathers will enroll in 24/7 Dad each year.

2020-2021 OUTPUTS: Due to COVID restrictions we were unable to offer this program at Middle River Regional Jail and did not have enough registrants to hold a virtual program.

ORGANIZATIONAL GOALS

GOAL 1: TO PROVIDE TIMELY, RESPONSIVE SERVICES TO THE 25TH DISTRICT COURT

STRATEGY 1: HOME ELECTRONIC MONITORING

Objective: To serve the courts by fulfilling the 25th District Juvenile and Domestic Relations Court orders for electronic monitoring within 48 hours of the order. **2020-2021 OUTPUTS: THE OOO**

PROVIDED ELECTRONIC MONITORING SERVICES TO Twenty-Three (23) YOUTH ON BEHALF OF THE 25TH DISTRICT COURT.

STRATEGY 2: PROVIDE DETENTION ALTERNATIVES

Provide in-home monitoring of juvenile offenders for the 25th District Court Services Unit (CSU) via random visits and contacts by an Outreach Worker as defined by the CSU or judge.

Objective: To serve the courts by fulfilling the Court Service Unit and Judge mandates for monitoring of juvenile offenders within 24-hours of referral to fulfill each case.

2020-2021 OUTPUTS: THE OUY PROVIDED IN-HOME MONITORING SERVICES TO Thirty-Four (34) YOUTH ON BEHALF OF THE 25TH DISTRICT COURT.

Objective for Strategy 3, 4, & 5: Provide community resources/programs to the 25th District Court Service Unit and judges that address juvenile delinquency.

STRATEGY 3: CHECK AND CONNECT

Provide truancy prevention and intervention programming to youth by implementing the Check and Connect program.

STRATEGY 4: LIFE SKILLS TRAINING

To serve the courts in preventing future juvenile violence and delinquent behaviors by court-involved youth by utilizing the evidenced-based Botvin LifeSkills program.

STRATEGY 5: PARENT & TEEN PROJECT

Offer Parent & Teen Project Class.

STRATEGY 7: FOR KIDS SAKE

Objective: To serve the courts by offering the For Kids Sake co-parenting class frequently enough that all parents ordered to complete that class can do so within 120 days of their court order.

Outputs: All parents court-ordered to participate in the co-parenting class, For Kids Sake will have the opportunity to do so within 120 days of their court order.

2020-2021 OUTPUTS: FOR KIDS SAKE WAS OFFERED MONTHLY, SO NO PARENT HAD TO WAIT MORE THAN 30 DAYS BEFORE PARTICIPATING IN THE CLASS. 106 ADULTS PARTICIPATED IN FY 21.

GOAL 2: TO REDUCE THE WORKLOAD OF PUBLIC FUNDED SCHOOL AND CHILDREN'S SERVICES ACT PERSONNEL AND UTILIZE PUBLIC FUNDS MORE EFFICIENTLY

STRATEGY 1: ESTABLISH MULTI-DISCIPLINARY TEAMS FOR TRUANCY.

Objective 1: The number of school personnel required to attend Family Assessment and Planning Team and/or court hearings will be reduced by 25% in the first year of full implementation of Community Multi-Disciplinary teams for Truancy.

Objective 2: The number of truancy petitions made to the 25th District Juvenile and Domestic Relations Court will be reduced by 10% in the first year of full implementation of a Community Multi-Disciplinary team that address truancy.

Outputs: Fewer truancy petitions filed with the courts.

Office on Youth received the Department of Criminal Justice (DCJS) Juvenile Justice and Delinquency Prevention (JJDP) Act Title II - Promising Youth Opportunities grant to provide additional diversionary, pre-trial, and detention alternatives for truant youth. The award amount is \$127,130 and will begin in January 2022 and end in June 2023. The grant will add a full and part-time staff person to expand our current truancy prevention program and create a multi-disciplinary truancy board in FY 23.

STRATEGY 2: PROVIDE TRAINING TO TEACHERS AND COUNSELORS IN FAMILY LIFE EDUCATION CONTENT AND PEDAGOGY

The Office on Youth will provide the training and resources necessary for Physical Education teachers to teach Family Life. Allowing the Office on Youth to redirect current funding dedicated to the Family Life Education program to other program areas.

Objective: Teach Physical Education Teachers Family Life Education content and pedagogy needed to teach family life education.

Outputs: 100% of Physical Education teachers will have received instruction in Family Life Education content and pedagogy.

Due to COVID restrictions, this goal has not yet been met. Training opportunities have been explored.

PROCESS GOALS

GOAL 1: TO CONTINUOUSLY REVIEW AND IMPROVE PROGRAM IMPLEMENTATION

STRATEGY 1: CONTINUOUS EVALUATION OF PROGRAMS.

Objective: Improve the impact of current Office on Youth programs.

Outputs: Supervisors will observe each employee at least once per year with a subsequent follow-up meeting.

Each staff person will have the opportunity to participate in at least one training that will further their knowledge and skills related to the implementation of their program area.

This Goal was met.

STRATEGY 2: UTILIZE AN EVIDENCE-BASED FAMILY LIFE CURRICULUM.

Objective: Improve the quality of Family Life Education by utilizing an evidence-based curriculum.

Outputs: 2600 students will receive instruction in an evidenced-based, proven curriculum.

Curriculum updates were completed and approved By the Staunton and Waynesboro City school boards in FY 21.

GOAL 2: INCREASE AWARENESS OF OOO PROGRAMS IN THE COMMUNITY AND PROMOTE IMPROVED COLLABORATION

STRATEGY 1: UTILIZE DIFFERENT SOCIAL MEDIA OUTLETS TO PROMOTE THE OOO.

Objective: Improve impact of current programs and community knowledge of the OOO.

Outputs:

We added Active Parenting: The First Five years program to our offering of classes. Served 9 parents in the first class.

Participated in Enrichment Camp with Waynesboro City Schools in the summer of 2021 serving 400 elementary and 30 middle school students.

Challenges:

- Schools were closed most of the year. Family Life Education was not being taught in a virtual format. Truancy was handled differently because of virtual instruction, and Juvenile Courts were closed on and off throughout the year because of COVID and flooding. These factors significantly reduced the number of youth contacts and family referrals throughout FY 21
- Hiring and maintaining staff.

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